

This handbook serves to support students during their academic journey at UW. You can find information for resources such as: housing, dining, scholarships, mental health counseling services, recreations, and more...

HOUSING



The UW Housing and Food Services Department offers graduate student apartments that are on or close to campus. Many are minutes away from classes, labs, and other university spaces. Please visit the following for more information:

<https://hfs.uw.edu/Live>

FOOD



The UW Housing and Food Services Department contains information about the locations of restaurants and dining halls in and around campus. To learn more about the exciting dining options available to you, please visit the following for more information:

<https://hfs.uw.edu/Eat/Resident-Dining>

STUDENT LIFE



The UW Department of Pharmaceutics faculty understand the need for study-work-life balance and encourage student involvement in safe extracurricular activities and local entertainment. To explore what UW and Seattle has to offer, please visit the following for more information:

<https://www.washington.edu/studentlife/groups-activities/>

SCHOLARSHIP & AWARDS

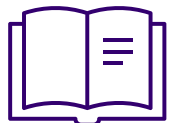


Graduate students in the PhD and MS programs are eligible for multiple scholarship and travel awards offered by the Pharmaceutics Department, School of Pharmacy, UW Graduate School Fellowship Awards (including Graduate Student Conference Presentation Award), NIH, and other private foundations. All are merit based and require an application and review process. Reach out to the department GPA (Mai Ponsang) and visit the following websites for more information about the process:

[Department of Pharmaceutics Awards](#)

[School of Pharmacy Awards](#)

[Fellowship Awards](#)



DISABILITY & LEARNING RESOURCES

The UW Department of Pharmaceutics takes academic growth and accessibility to learning very seriously. We encourage enrolled students to arrange academic accommodations with Disability Resource for Students (DRS) ahead of scheduled classes. Please call 206-543-8924 or visit the following for more information:

<https://depts.washington.edu/uwdrs/prospective-students/getting-started/>



DIVERSITY RESOURCES

The UW Department of Pharmaceutics is dedicated to providing a transformative learning experience in a collaborative and diverse environment. Students are encouraged to explore the UW and the School of Pharmacy Diversity website, which offers many resources, including the UW Diversity Blueprint, to support students in finding connections and thriving in an inclusive environment.

<https://sop.washington.edu/about/diversity-equity-and-inclusion/resources/>

<https://www.washington.edu/diversity/current-students/>



BIAS AND MISCONDUCT RESOURCES

The UW School of Pharmacy and the Department of Pharmaceutics are committed to fostering an environment free from discrimination, harassment and retaliation, and a culture of equal opportunity for all individuals. Bias involves a discriminatory act against an individual or a group based on their age, religion, disability (physical or mental), race, ethnicity, national origin, sex, gender, gender identity, sexual orientation, marital status, veteran status, socioeconomic status, or any other identity. If you believe that you have experienced a bias incident, you can reach out to one of the School's confidential Advocates ([contact the SOP advocates](#)). The SOP Advocates can help you navigate different options and resources.



STUDENT HEALTH & WELLNESS / COUNSELING SERVICES

The UW Counseling Center (401 Schmitz Hall) provides a variety of counseling services including individual 1-1 mental health counseling, crisis interventions, workshops, and other outreach services. Please contact 206-543-1240 or visit the following for more information:

<https://wellbeing.uw.edu/unit/counseling-center/>

Students can also visit the Hall Health Center (4060 E. Stevens Way Northeast) that provides healthcare to UW students. Services include but are not limited to the following: primary healthcare, labwork, immunization & medical records,

pharmacy, STD testing, Women's Health, and other health promotion services. Please visit the following for more information:

<https://wellbeing.uw.edu/unit/hall-health/>

The School of Pharmacy also offers counseling services: Emma Buchanan (emmahope@uw.edu) Office Room # HSB D302

Individual Counseling:

1:1 Counseling appointments available in-person or virtually.

Schedule at sop.washington.edu/counseling/

Drop-In to the confidential virtual zoom: sop.washington.edu/lets-talk/

Tuesday 3:00-5:00pm

Friday 12:30-2:00pm

HEALTH INSURANCE



UW students are eligible for health insurance and are responsible for obtaining their own coverage. Doctoral students with RA appointments are eligible via [Graduate Appointee Insurance Program](#) (GAIP). Please visit the following for more information:

<https://wellbeing.uw.edu/medical/insurance-cost/>

MyUW & UW NetID



UW NetID stands for University of Washington Network Identification. Your UW NetID and password are for accessing your UW information. **PLEASE KEEP THIS INFORMATION PRIVATE.** Your personal UW NetID (and its password) provides access to many UW online services including MyUW and UW Email. Login to MyUW allows access to various information including: personal account details, academic resources, student finances, and campus events. Please visit the following for more information:

<https://my.uw.edu/>

<https://itconnect.uw.edu/tools-services-support/academic-planning/myuw-help-center/>

GRADUATE SCHOOL POLICIES



The UW Graduate School Policy database has useful information regarding graduate policies and procedures. Use this database to refer to anything from general exam and student grievance policies to grading practices and student assistantship expectations. Please visit the following for more information:

<https://grad.uw.edu/grad-school-policies/>

CAMPUS SAFETY & EMERGENCY SERVICES

The University of Washington takes the safety and well-being of our students very seriously. Many emergency contacts and resources are readily available for students experiencing safety concerns:

UW Police (206-685-8973) - Please contact to report stalking, assault, theft, vandalism, or lost property. For urgent/dangerous situations or emergency assistance, please call 911.

Husky NightWalk (206-685-9255) - Operating 6:30 p.m. – 2a.m. daily. Husky NightWalk provides a safety escort to and from a UW location. Use to get safely from campus to your home, car, or UW building within the service area limits.

UW NightRide Shuttle (<https://transportation.uw.edu/getting-around/shuttles/nightride>) Shuttles pick up passengers from 8 pm until 1:34 am for the [East zone](#) and from 8 pm until 1:39 am for the [West zone](#), Monday through Friday (excluding [University holidays](#)) during the Autumn, Winter and Spring quarters, with [extended service running until 3:30 am the week before and the week of finals](#).

SafeCampus (206-685-7233) - Contact to connect with professional counseling services that can offer support and guidance involving you or a friend. This office addresses a broad range of issues including relationship violence, sexual assault, harassment, suicidal thoughts, or conflict with schoolwork. Please contact to receive support, safety planning, and resource options.



QUESTIONS

If you have any questions regarding any of the above, please contact:

Apichaya (Mai) Ponsang
apicha@uw.edu
206.221.2295

