



It is hard to believe that the Plein Center for Geriatric Pharmacy was established nearly a year ago. We have had a productive and energizing year meeting with faculty, students, preceptors and other community partners to develop our vision, mission and goals for the Center. I look forward to sharing our strategic plan with you over the summer. We held our first Research Symposium: “Celebrating Today and Planning for Tomorrow,” which was attended by over 90 people and attracted friends and colleagues from as far away as Montana ([click here to see photos from this great day that advanced the study of healthy aging](#)). We are busy planning the symposium for 2018—stay tuned for details!



This year we had a record number of students that graduated with the Plein Certificate in Geriatric Pharmacy. Our warmest wishes to these 30 students who are embarking on their careers and who have developed specialized skills to care for frail older adults with complex medical problems. We look forward to seeing the positive contributions they will make to the profession of pharmacy.

I am pleased to announce that we’ve also—in just the past year—been able to create three additional endowments that are supporting the Plein Center for Geriatric Pharmacy. Virginia Leland, Ray and Cheri Wilson, and David and Anita Bailey, have chosen generously to support the powerful work of our Center’s students and faculty. We are grateful for their leadership in creating opportunities for the Center to expand its impact on the field of geriatric pharmacy, healthy aging, and in the lives of older adults. If you are interested in joining us in support of the Center, please don’t hesitate to contact me or Claire Forster to learn more about how your giving can fuel the important work we are doing.

Lastly, I invite you to checkout our new dedicated [website](#) and to share ideas for the Center by emailing me at slgray@uw.edu. Thank you for your continued good wishes and support as we work collaboratively to foster healthy aging in our communities.

—Shelly Gray, Shirley & Herb Bridge Endowed Professor & Plein Center Director

PREEMINENT FACULTY



On Thursday, June 8, Professor Emerita Joy Plein, '51, '56, was awarded the [2017 UW-UWRA Distinguished Retiree Excellence in Community Service Award](#)! This award is designated to honor a retiree for excellence in service that exemplifies the University's values with special distinction and is chosen based on the individual's contributions in service to the community, including the University, locally, regionally, nationally or internationally. This award celebrates Joy's lifetime of service and the positive impact she has had on the lives of those in our community by her commitment and unwavering dedication to future pharmacists and continued excellence in Geriatric Pharmacy. Joy's devotion to the field of pharmacy and continued commitment to senior care pharmacy is evident in her years of service, multiple honors and awards, and her work in development of the Plein Certificate in Geriatric Pharmacy, which she began over thirty years ago.



PRECEPTOR PROFILE

We will learn a little about our fantastic Preceptors and then a fun fact or two, as well as how they like their coffee—as a little nod to our Seattle location.



Trang Le, RPh, BCGP

Trang serves as a clinical pharmacist for Overlake Medical Center Senior Health Clinic. For twelve years, she has served as a preceptor for the UW Plein Certificate in Geriatric Pharmacy. She loves to work with older adults because she believes pharmacists can provide medication-safety education and improve patient outcomes. As many seniors take multiple medications, she enjoys conducting medication reconciliation, breaking apart the medication list and then putting it back together, like a puzzle—but one that results in a shorter, safer, and more appropriate list of medicines for patients. Trang also believes pharmacists can help ensure the best management of medications and foster better health for this vulnerable patient population. Trang is a Husky alumna and is board certified in geriatric pharmacy. She is pursuing the external PharmD degree. She enjoys traveling with her husband and two children, and when asked about her preferred coffee, she will tell you pumpkin spice latte is her favorite.

LIFE CHANGING RESEARCH



Our faculty members have been hard at work on several key initiatives that aim to

improve the care of older adults. We have highlighted a few of these below.

David & Anita Bailey Faculty Fellow Zachary Marcum served as a content expert for the development of a free, online fall-prevention training program. The Centers for Disease Control and Prevention (CDC), in collaboration with the American Pharmacists Association (APhA), launched STEADI: The Pharmacist's Role in Older Adult Fall Prevention on March 24 at the APhA Annual Meeting & Exposition in San Francisco. The application-based activity is based on CDC's Stopping Elderly Accidents, Deaths & Injuries (STEADI) initiative (www.cdc.gov/steady) and is accredited by the Accreditation Council for Pharmacy Education (ACPE). You can find the training here: <https://www.cdc.gov/steady/training.html>

Dr. Leigh Ann Mike participated in the development of an online interactive unfolding case study with an interprofessional team. The case focuses on the acute care management of an older adult found unresponsive and was developed with support from the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). [Click here to read the case study.](#)

Kelley-Ross Faculty Fellow Jenny Bacci was first author on a recent publication focused on building collaborative working relationships (CWR) with physicians and other prescribers by community pharmacists through collaborative practice agreements. Her case study describes the individual, context, and exchange factors that drive pharmacist-physician CWR development for community pharmacy-based point-of-care testing. [Click here to read the case study.](#)



Plein Certificate in Geriatric Pharmacy

graduates: In June, we recognized 30 students who earned the Plein Certificate in Geriatric Pharmacy at a special ceremony on campus: Blair Baber, Philip Boone, Cynthia Chan, Ann-Chee Cheng, Sandy Chung, Kim Do, Marian Dobles, Arianne Duong, Jacqueline Ho, Elena Inouye, Karianne Kajita, Christopher Kim, JungMin Kim, MoonJoo Koh, Lili Kong, Kristin Le, Shayna Leong, Bonnie Liu, Xiaoyan Luo, Sunitha Mathew, Haven Onewein, Theo Pham,



Hannah Rolling, Rebekah Sadikin, Phoebe Stracener, Emily Tran, Anton Wang, Jennifer Wilson, Jisoo Won, Zhou Jennifer. Family, friends, and faculty were there to share in the recognition of their accomplishment. By earning the Certificate, each of these students had demonstrated the skills necessary to care for the older adult population. These new graduates join the ranks of nearly 370 other pharmacists who have earned the Certificate.

UW ASCP update: The ASCP student chapter has been busy! In March, they hosted a visit from **Joe Marek**, the president of the national chapter of ASCP. Mr. Marek was warmly received by both students and faculty and, at the students' request, spoke to them about "What is a Consultant Pharmacist?" In May, the student chapter also participated in an interprofessional health fair on the UW campus. Many schools from the Health Sciences

were represented. The ASCP students shared information on medication organization techniques

Plein Student Scholars update: Each year students can apply for scholarship support to work with mentors on projects and other scholarly activities related to the care of older adults, which is made possible through the Plein Student Scholarship. Two students received the award in the fall of 2016. **Soyoung Park** is conducting a literature review on the impact of neurodegenerative diseases on medication use in older adults. **Monish Naidu** is conducting a literature review on the role of transition of care pharmacists on improving medication safety for older adults with cancer. We are excited to see their findings!

- **Do you have a geriatrics related project idea for students? The call for Plein Scholar applications opens every spring** and our students are always looking for opportunities to partner with clinical sites on these scholarly projects. If you would like to mentor a student in geriatrics related project in 2018 or have any practice-based ideas, please contact Zach Marcum at zmarcum@uw.edu.

WHERE ARE THEY NOW?

After all their hard work, we wanted to learn more about our Plein Geriatric Pharmacy Certificate alumni and to learn: Where are you now?



[Plein Geriatric Pharmacy Certificate alumni profiles: Laura Hart](#)

Plein Geriatric Pharmacy Certificate alumna Laura Hart, PharmD, BCPS, is the Geriatric Pharmacy Fellow with UWSOP and is finishing up M.S. degree through Pharmaceutical Outcomes Research and Policy Program (PORPP). We met with her to learn more about her career path since graduating the PharmD program and earning the Plein Geriatric Pharmacy Certificate in June 2014. [Read more here.](#)



6th Annual Elder Friendly Futures Conference

Theme: The Essential Work of Caregiving Across Communities

Sept. 14-15, 2017 | Lynnwood Convention Center

Once again hundreds of healthcare providers, community professionals, research educators, students and others will gather to share and learn about healthy aging and how to be part of an elder friendly future. Elder Friendly Futures features two full days of educational sessions, networking opportunities, engaging exhibits, research poster presentations, roundtable discussions and, the always-popular films discussion. Some topics include:

- Building an evidence base for elder care
- Valuing family/friends and the professional caregiving workforce
- Community based innovation to support older adults and their caregivers

- Understanding the role of technology in caregiving
- **2017 Keynote Speakers include Heather M. Young**, PhD, RN, FAAN, Founding Dean and Professor of the School of Nursing, UC Davis; **Lynn Friss Feinberg**, MSW, Senior Strategic policy Advisor, AARP Public Policy Institute; and **Sister Madonna Buder**, SFCC?Sisters for Christian Community and Senior Olympian triathlete.

Research Symposium for the Plein Center

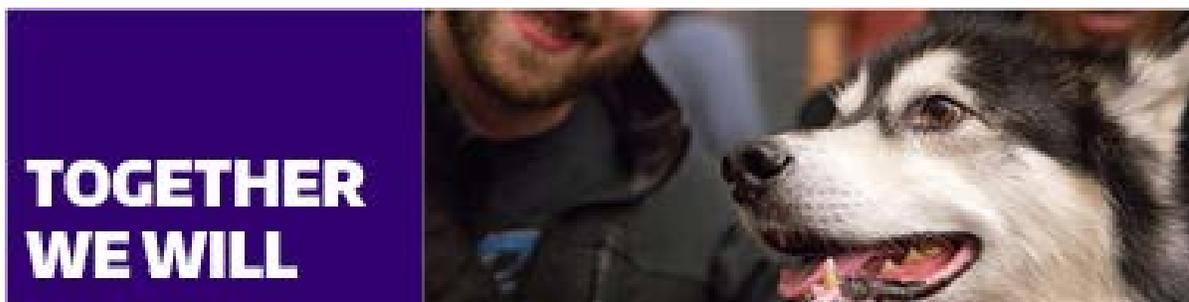
The 2nd annual Plein Symposium for Geriatric Pharmacy will take place Winter 2018. Details to follow!



EXTERNAL PARTNERS

Through our ongoing partnership with Era Living, 10 PharmD students completed a portion of their experiential training in Era Living communities during the 2016-2017 academic year. Students were able to interact with and learn from and about the residents of those communities. We are so grateful to our partners at Era Living who collaborate with us to create care and training solutions that are a win for their residents and our students and faculty.

In February, Leigh Ann Mike delivered a presentation at University House Issaquah entitled "Medication Safety: Focus on Managing Your Medications". The audience consisted of residents of Era Living and people from the general public. In her presentation she discussed medication-related problems older adults can experience and suggested some strategies for using medications more safely.



The UW School of Pharmacy Plein Center in Geriatric Pharmacy is made stronger through support of our faculty, alumni and friends.

As you consider your year-end investment opportunities, here are three ways you can support the leading-edge student experience and the life-changing research of our preeminent faculty:

You can directly affect the future of geriatric pharmacy, by supporting the Plein Center in Geriatric Pharmacy, which will promote the discovery and optimal use of medications in older adults by supporting the leading-edge student experience and investing in the life-changing research of our preeminent faculty:

[Bailey Endowed Faculty Fellowship in Geriatrics](#): Established by David and Anita Bailey, this endowment supports faculty in the Plein Center for Geriatric Pharmacy Research, Education and Outreach.

- [Elmer M. Plein Research Fund in Pharmacy](#): In memory of Elmer M. Plein, Ph.D., this fund encourages, promotes, and supports research and innovative practice in pharmacy.
- [Geriatric Pharmacy Program](#): The Program in Geriatrics encompasses training, research, and service with a focus on the optimal use of pharmacotherapy in older adults to improve appropriate medication use and disease management in older adults.
- [Plein Endowed Faculty Fellowship for the Director of the Center for Geriatric Pharmacy Research, Education and Outreach](#): This endowment will support faculty in a Geriatrics Center.
- [Plein Endowment for Geriatric Pharmacy Research](#): To support students who are engaged in geriatric pharmacy research at the School of Pharmacy.
- Raymond Wilson and Cheryl Wright Wilson Fund: To support students in the Plein Center for Geriatric Pharmacy Research, Education and Outreach.
- [Virginia Leland Scholarship in Geriatrics](#): To support students with an interest in geriatric pharmacy research, training, and practice.