

Thank you to UW School of Pharmacy Preceptors!

It is with heartfelt gratitude that we write to thank you for your outstanding support and mentoring of the UW PharmD students in their training this past year.  Over the past 16 months, we have all experienced unprecedented clinical, professional and personal challenges, with less time and more to do in every situation. The work you do each day to support, nurture, and mentor students into becoming pharmacists who will make a difference in every life is invaluable. It makes a difference to each student, to the UW School of Pharmacy, and to the future of our profession.

Each of us has experienced the mentoring of a preceptor who helped us grow and develop as pharmacists. Those same preceptors continued as mentors in our careers, supporting our growth and helping us navigate changes.  For our students, the impact you have on their training continues this legacy.  Our students relate stories and experiences of how strong your impact is on them – taking the extra time needed to help make a difficult concept clear, providing encouragement in the face of a failure, guiding them on their career path,  and giving motivating and candid feedback.

As preceptors, you didn’t fade or waiver on your commitment to your students.  Instead, you modeled for students how to care well for patients in a difficult situation, inspiring leadership, and how to prioritize the care of yourselves and your families during a pandemic.

Thank you again for your ongoing support as part of our preceptor faculty.  We truly appreciate the opportunity to work with you to educate our students!

With deep appreciation,

Peggy Soule Odegard, BS Pharm, PharmD, CDCES

Associate Dean

Lynn and Geraldine Brady Endowed Professor

School of Pharmacy

University of Washington

Jen Danielson, PharmD, MBA, CDCES

Assistant Dean, Experiential Education and Student Professional Development

Lynn and Geraldine Brady Endowed Professor

School of Pharmacy

University of Washington

School of Pharmacy News

**2021 Graduating Class: Celebrating their success and achievements!**

Our graduates strengthen their professional interest and expertise through specialized certificate training and pursue

post-graduate training for career preparation. We train pharmacists who are ready to practice and are excited to see many of our graduates move into professional pharmacy careers directly after graduation. Preceptors are uniquely positioned to provide mentoring and guidance on professional opportunities and post-graduate training that best suit students’ career path of interest.

From the 108 students in the PharmD class of 2021:

2021 UWSOP Certificate Recipients

|  |  |
| --- | --- |
| Geriatric Certificate | 38 |
| BRAMS Certificate | 5 |
| Clinical Trials Certificate | 2 |

Post-Graduate Training

|  |  |
| --- | --- |
| Residency | 37 |
| Fellowship | 3 |
| PhD Program | 1 |

**UW SOP Director of Advising and Student Success and UW Health Sciences Liaison and Counselor**

* **Do You Have a Concern about a Student?**

If you have urgent safety concerns about a student (for example, the student appears to be in extreme distress, expresses suicidal ideation, and/or related behaviors), please call [UW SafeCampus](https://wellbeing.uw.edu/unit/safecampus/) at 206-685-7833 *(available 24/7)* and then contact Caitlin Blomquist, UWSOP Director of Advising and Student Success, at [cmb23@uw.edu](mailto:cmb23@uw.edu) or

206-543-9742.

For non-urgent concerns, we encourage you to take one or more of the following actions:

* Contact Caitlin Blomquist at [cmb23@uw.edu](mailto:cmb23@uw.edu) or 206-543-9742 to discuss any concerns related to student well-being
* Encourage students to email or [schedule an appointment](https://outlook.office365.com/owa/calendar/PharmDAdvising@cloud.washington.edu/bookings/) with Caitlin or their assigned advisor
* Encourage students to attend “[Let’s Talk](https://washington.zoom.us/meeting/register/tJcscOGorDkjHdXXGxcZK9j5HnoHEIZcElpY)” drop-in hours with our Mental Health Liaison and Counselor on Fridays from 12:30 to 2:30 pm
* **Key Student Support Contacts at the School of Pharmacy**

**Caitlin Blomquist, MEd**

**Director of Advising and Student Success**

Caitlin leads the PharmD Advising Program, a holistic, proactive, and

team-based system of student support, and works to promote a culture

of well-being throughout the School. She is a great first point of contact

for any questions and concerns, and can refer students to relevant faculty

members, counseling, campus resources, and more.

**Jen Nguyen, MA, LMHC, NCC**

**Health Sciences Mental Health Liaison and Counselor**

Jen is a Licensed Mental Health Counselor from the

[UW Counseling Center](https://www.washington.edu/counseling/) serving School of Pharmacy and other Health

Sciences students in this new role. She has experience working in

community mental health, inpatient care, and various school and

university settings. Jen’s services are free for students and completely

confidential.

Experiential Education (EE) Updates

**Preceptor Awards and Recognition**

[**2021 Preceptor of the Year Awards**](https://sop.washington.edu/pharmd/experiential-education/preceptors/preceptor-recognition/) – follow link for highlights on this year’s preceptor award winners

Each year, the Office of Professional Pharmacy Education has the distinct pleasure of awarding the Preceptor of the Year Awards. Preceptors are nominated for this award by our students, and award winners are recognized for their service as exemplary practitioners, role models, mentors and team players.

* **2021 APPE Preceptor of the Year**  (Wayne A. Kradjan Excellence in Clinical Teaching Award)
* Richard Chua, PharmD

(MultiCare Health System Tacoma General Hospital )

* Teresa O’Sullivan, PharmD, BCPS

(UW School of Pharmacy and Dental Clinics)

* **2021 IPPE Preceptor of the Year**
  + Chhang Chhay, PharmD, MHA

(EvergreenHealth)

* + Louisa Dubois, PharmD

(Good Samaritan Hospital)

* **2021 Wednesdays-in-Practice Preceptor of the Year**
  + Robert Cockrell, PharmD and Val Wilkins, RPh, MS, MBA, MHIHIM

(Cascade Valley Hospital)

[**2021 Certificate of Merit in Precepting Recipients**](https://sop.washington.edu/pharmd/experiential-education/preceptors/preceptor-recognition/) - follow link for a complete list of the certificate recipients

The Experiential Education team conducts our annual preceptor review to identify preceptors who have demonstrated excellence in precepting.

This year we reviewed nearly 600 preceptors who served as active primary and secondary preceptors over the past year.**We are pleased to recognize these exemplary preceptors as recipients of the 2021 Certificate of Merit in Precepting for their dedication and commitment to pharmacy education.**

**APPE Program Updates**

We are excited to announce the start of the purple curriculum

APPE structure, beginning April 2022 for our class of 2023

graduates.

Higher level changes include:

* Six-week APPE experiences
* Total of 48 weeks of APPEs
* Completion of core experiences by the first half of the

APPE experience.

We are currently reaching out to sites for feedback as we make this transition. Be on the lookout for more information in the following months as we strategically plan an effective transition into this new program structure.

For more information about APPE Program changes, please contact our APPE Program Manager, Matthew Elamparo,

at [appemgr@uw.edu](mailto:appemgr@uw.edu).

**Wednesdays in Practice (WIP) Updates**

We want to express our sincere gratitude to the preceptors who invested time in the new WIP program, especially with all of the uncertainties and challenges of the past year.  Your dedication and devotion to making an impact on the future of pharmacy is not going unnoticed. The PY1 students have completed their WIP experience in the health system setting and PY2 students wrapped up the inaugural year of the PY2 WIP experience in ambulatory care clinics and community pharmacies with an integrated practice model as part of our [new patient care-centered PharmD curriculum](https://sop.washington.edu/pharmd/experiential-education/experiential-programs/).

We are currently in the process of gathering feedback from students and our PY1 and PY2 WIP preceptors to learn about successes and inform changes we will make to improve next year’s WIP program. We look forward to sharing more about WIP program improvements in the near future – stay tuned!

* **If you are interested in precepting for WIP1/WIP2 for the next academic year (January through June of 2022)** or have questions about our new WIP programs, please complete the [preceptor/site interest form](https://sop.washington.edu/pharmd/experiential-education/preceptors/interest-form/).

Introductory Pharmacy Practice Experience (IPPE) Updates

All PY1 and PY2 students have been placed in their IPPE rotations for Summer 2021. Thank you for volunteering your valuable time to precept the next generation of pharmacists.

Below is the “final” count of students placed in their Health System or Community IPPE.

* Health System IPPE (PY1 Class of 2024)
* Students placed: 109
* Number of sites: 32
* Community IPPE (PY2 Class of 2023)
* Students placed: 106
* Number of sites: 53

With the launch of the new PharmD curriculum we have made some changes to the  IPPE experience to better align with the level of learner completing  IPPE and other experiential learning in the PharmD program.  You can find the IPPE resources (including the IPPE Course Guide, UPDATED IPPE learning activities, calendar and learning plan template and IPPE Preceptor orientation materials) on the NEW IPPE SharePoint site.

Preceptor Development

**2021 UWSOP** **Preceptor Retreat – Register by Mon, 9/6/21!**

We will be hosting the same preceptor retreat on two separate dates to accommodate preceptor schedules. The goal of this year’s preceptor retreat is to share important updates, best practices on precepting students and critical topics that relate to our preceptor roles.

***Here are the preceptor retreat dates and times – we hope you can join us for one of the sessions!***

* Tue, 9/14/21, 8:30 am-12 pm
* Thu, 9/16/21, 12:30-4 pm

Free admission. Click [**HERE**](https://www.signupgenius.com/go/60B0849A4AC29A1FF2-2021) for retreat details and registration.

**NEW CEImpact Precept2Practice Podcast!**

Precept2Practice podcast is dedicated to busy preceptors who wants to thrive and are looking for tips and tricks to succeed. Follow [podcast link](https://www.ceimpact.com/precept2practice) and click on ‘Listen Now’ to learn more about the following topics:

* Cognitive biases:
* Precepting during pandemic

**Preceptor Pearl: Asking questions that promote learner metacognition**

“Metacognition regulates thinking and learning and consists of three self-assessment skills: planning, monitoring, and evaluating.”1

Preceptors can promote metacognition by asking questions related to these 3 skills:

**Diagram

Description automatically generated with medium confidence**

1Medina  MS, Castleberry  AN, Persky  AM. Strategies for improving learner metacognition in health professional education. *Am J Pharm Educ.* 2017; 81(4): 78. doi: 10.5688/ajpe81478.

**Preceptor Well-being Corner: Building resiliency**

* **WHAT is resilience?** The ability to recover from or adjust easily to misfortune or change (Merriam-Webster definition).
* **WHY is it important?** Resilience can help reduce risk of burnout and it can be learned.
* **HOW can I build resiliency in myself and in my students?**2
  + Cultivating healthy connections (e.g. make time to check-in with coworker and student)
  + Cultivating positive emotions (e.g. practice gratitude by starting each day with listing 3 things you are grateful for and asking student to share 3 things that are going well on rotation)
  + Cultivating a sense of purpose (e.g. identify personal [core values](https://daretolead.brenebrown.com/wp-content/uploads/2019/02/Values.pdf) and prioritize time/efforts into activities aligned with your values and help student to do the same)

2 UW School of Medicine Fall/Winter Well-Being and Resilience Curriculum for UW Medicine. <https://faculty.uwmedicine.org/resilience-programming/>

* Looking for additional resources on resilience?
* <https://wellbeing.ashp.org/Resources>
* <https://nam.edu/initiatives/clinician-resilience-and-well-being/>

Contact Us

**Our Experiential Education Team:**

[Contact us](https://sop.washington.edu/pharmd/contact/) for questions about WIPs, IPPEs, APPEs, or general information on Experiential Education.

**Jennifer Chang, Pharm.D., BCPS**  
Clinical Associate Professor

Director of Preceptor Development

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