



NEWS FROM THE UNIVERSITY OF WASHINGTON PHARMACY ALIMNI ASSOCIATION AND SCHOOL OF PHARMACY

FALL 2005-VOL 28, NUMBER 3

# Keeping the Alumni Bond

Across Generations of Husky Pharmacists

Thank you for shopping at Lincoln Pharmacy serving the community since 1976

Patrick O'Donnell (center) with Don Forstrom (right) and B.J. Glesson (left) at his Lincoln Pharmacy store.

Patrick O'Donnell, '00, at the time a 16-yearold Aberdeen High School student, was a little nervous when he went into Central Pharmacy in Aberdeen, owned by Don Forstrom, '61, and his wife Margaret, to ask for a job. However, Margaret had heard about Patrick, knew he was a smart kid and decided to go easy on him. Patrick recalled the hiring process: "She asked me if I'd take out the garbage, I said yes, and she said you're hired!" Thus began Patrick's ever-expanding link to Don Forstom and the UW pharmacy alumni community.

Patrick worked as a cashier at Central Pharmacy through the end of high school and during his first two years of college. He was ambitious and a great asset. "Once we had a fluorescent light ballast expire," explained Don. "No one knew how to fix it. Patrick said he didn't either, but he'd do it. Not only did he do so, but drove by the next day on the way to school to make sure it was still working." This commitment proved Patrick an excellent hire and worthy of investment. During his second year of college, one of the pharmacy

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#### COMMENTS AND QUESTIONS

We are always interested in your story ideas and updates.

Please email comments to Beth Fenkner at
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#### SUPPORT DAWGSCRIPTS

PAA dues pay for this publication which accounts for 50% of the PAA budget. To learn more about PAA, how to join or to view past issues of Desgriphing please visit the PAA website at http://depts.washington.edu/rxalumni

Thank you for your support!

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## PRESIDENT'S COLUMN



Georgia Gianacos Steenis

Hello fellow pharmacists!

Time flies when you're having fun....

For the past two years I have served as your PAA president and I have greatly enjoyed every moment. I want to thank you all for your interest and support in the PAA. YOU, our alumni, are what make this organization so fantastic and I am very pleased to have had the honor to serve as your president.

On Nov. 5, at this year's homecoming brunch, I will officially be handing over the reigns to Suzanne Lee, '01. Suzanne has been my right-hand woman this last year, getting to know the ins and outs of our organization as president-elect, and is excited to step into the leadership role. I will remain on the board as past-president. Jeff Rochon, '99, our current past-president, will complete his service as a PAA officer, but will remain on the board as the WSPA liaison. Melanie Cohen, '03, will continue to serve as our secretary/treasurer.

These changes mean we have an open position for president-elect. This is the perfect opportunity for anyone interested in serving in a board position. You spend your first year learning the ropes, move into the presidency for one term, then spend the final year as past-president providing guidance to the new officers. It's a surprisingly small time commitment for the reward. If you are interested in learning more about this position, please visit our new "Meet Your PAA Officers" section on the PAA website where you will find our contact information. Simply go to http://depts.washington.edu/rxalumni/ and email any officer or Beth Fenkner directly with questions regarding the position.

You will also find pictures and fun tidbits about current officers on this new webpage like which officer is a vegetarian, who likes to make animal balloons, who likes to fish and who is a clinical instructor at both the UW and WSU. We hope you'll enjoy learning more about us and we'd love to hear more about you. Your thoughts and ideas are always welcome.

While you are at the site, don't forget to check out our archived issues of Dawgscripts, information on upcoming events, job opportunities and class photos.

Lastly, we will soon be starting our fall membership drive, please remember it's your membership that makes this newsletter, the PAA website and all the other services of PAA possible. I hope I can count on you to continue to be a part of the PAA family.

Again, thanks for a great past few years. I hope to see many of you at this year's homecoming brunch.

Sincerely, Georgia Gianacos Steenis, '00

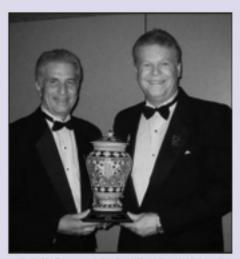
PAA is currently recruiting for the position of president-elect. Are you interested? Please contact any officer at the "Meet Your PAA Officers" section on the PAA website at http://depts.washington. edu/rxalumni/ or the PAA office to learn more.

## Tri-State Highlights

This year's fifth annual Tri-State Pharmacy Convention, held in Coeur d'Alene, Idaho was bigger and better than ever! The four-day convention took place June 9-12, and provided a platform for faculty, students, practitioners and industry representatives to discuss current issues facing the profession and catch up on the latest in pharmacy news, while reuniting with old friends and meeting new ones.

UWSOP alumni were joined by students, faculty and staff of the School, whose participation helped make the event a great success. UW faculty presenters included Nancy Lewis and Ann Wittkowsky. Sarah Elliot, '06, who joined alum Katherine Hale, '04, to give a presentation at the Pharmacy Practice podium session, was among the 21 Pharm.D. students to attend the conference. All enjoyed the opportunity to meet future mentors, colleagues and learn about products and practices discussed in seminars and by exhibitors from around the country. It was also a time to pay tribute to those who have made great strides in the pharmacy community and honor them for their hard work at the annual WSPA awards ceremony. UW alumni made up a large number of award recipients and we are very proud to have the following individuals recognized for their past, and for some, career-long contributions to pharmacy and the community.

## WSPA Award Winners



Rod Shafer presents Michael Donobue (right) with the "Blue Vase".

Robyn L. Agnew, '01, received the Pharmacist Mutual Distinguished Young Pharmacist of the Year Award. Robyn, pharmacy store manager at A&H Auburn Pharmacy, is enthusiastic, friendly and well-liked by her co-workers and patients. She treats everyone, from customers to staff, as though they alone are the most important person in the world. Robyn listens to her customers and encourages them to communicate with her so that she has complete understanding of the situation and is able to deliver the highest standard of patient care. Robyn maintains her energy and positive attitude even on the hard days, making her not only a great pharmacist, but a wonderful person to be around.

Rod Shafer, '77, ceo of WSPA and affiliate associate professor at UW-SOP, received the Distinguished Service Award honoring him for his career-long commitment to the development and growth of the profession as well as his



Randy Cheshcoff of Elan Pharmaceuticals presents Michael Brands (left) with the Elan award.

demonstrated leadership within his workplace and the profession of pharmacy as a whole. Rod has served on various state and local health task forces throughout his career and currently serves on the Board of Trustees for APhA and as vice president of the National Council of State Pharmacy Association Executives. He participated in the Pharmacist Intervention Project (PIP) and the CARE Project, which studied and documented the cost-savings and improved health outcomes when pharmacists collaborate with patients and physicians to optimize and manage medication therapies, tobacco cessation, emergency contraception and disease management. Rod continues to be an influential figure in pharmacy on all levels.

Michael J. Donohue, '80, stole the show, winning the Bristol-Myers "Blue Vase" Past President's Pharmacy Leadership Award, the Merck 2005 Pharmacy Achievement Award,



Rod Shafer congratulates WSPA Student of the Year Jennifer Riddell (right),

and the WSPA Pharmacist of the Year Award. Mike is the president of Bob Johnson's Pharmacy Inc., an independent pharmacy located in Seattle. He has served as president of WSPA and as past chairman of the United Drugs independent buying cooperative. He is a clinical associate professor at UWSOP and has served as a preceptor for numerous students through the experiential training program for over 16 years. Mike is also a full fellow in the American College of Apothecaries, a member of the Phi Lambda Sigma Pharmacy Leadership Society, and a member of the National Community Pharmacists Association. He was involved in the PIP and CARE projects, served as the speaker of the House of Delegates for the WSPA, served on numerous task forces for the Washington State Board of Pharmacy, and served as president for the Professional Pharmacists of North

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## SCHOOL NEWS

### Message from the Dean



Dean Nelson (Photo by Data Lamont)

It was with great pleasure that I presided over our 110th graduate recognition ceremony, held this past June. My sincerest congratulations to the 94 Pharm.D. and 6 Ph.D. students who were recognized for their many achievements. Special thanks to Marie Bach and Collin Conway for their joint Commencement Address on behalf of the Class of '05. I am quite certain that members of this class will distinguish themselves in

the future as they become practicing professionals, researchers and academicians. Of the graduating Pharm.D. class, approximately 22% will be entering residency programs across the nation, 57% will begin practice in community pharmacies and 17% in hospital settings, the remaining 4% will pursue other avenues including one student who will enter medical school. Of the Ph.D. students, half will begin research careers in the pharmaceutical industry, and the other half will enter post-doctoral positions or begin careers in academia.

In my address to the students, I focused on the difference individuals can make in the lives of others. As the tragedy unfolds in the wake of Hurricane Katrina, many stories of individual heroism and compassion have been highlighted in the news, and I am certain that many of you have contributed your own time and/or funds to relief efforts. Our University and School are making every effort to help institutions who have had to discontinue their programs temporarily because of the damage that they sustained. Dr. Wayne Harris, dean of the College of Pharmacy at Xavier University in New Orleans, is working with all of the nations Colleges and Schools of Pharmacy through the American Association of Colleges of Pharmacy (AACP) to place his students in the last year of their program in practicum clerkship rotations. We will do all we can to help and I know that you, our alumni, will join us in this effort.

It is particularly in time of crisis that leadership becomes so important. My good friend and colleague, Bill Fassett, '69, who stepped down from his leadership role as dean at Washington State University (WSU) College of Pharmacy this past May, recognized the importance of developing leadership qualities in our students, and spear-headed a very popular joint leadership conference held each year with a combined group of interested students from his college and our School of Pharmacy. This leadership conference has been highly successful based on the awards students have gamered from their projects and from requests from other schools and colleges of pharmacy to use our program as a model. Fortunately, the newly appointed dean at WSU College of Pharmacy, Dr. Jim Kehrer, plans to continue to support this joint program. Jim, also a colleague of mine, is the former chair of Pharmacology and Toxicology at the University of Texas in Austin.

So, as we begin another academic year, our thoughts and prayers go out to the victims of Hurricane Katrina, my best wishes go to Bill Fassett and his wife Sharon as they settle into their new home in Spokane, from where Bill will continue to work passionately and diligently for the profession of pharmacy as a professor at WSU, and last but not least, I extend a hearty welcome to Dean Jim Kehrer.

## **PORPP News**

Eldon Spackman, M.A. will be joining the Pharmaceutical Outcomes Research and Policy Program as a Ph.D student this Fall. Eldon has been research assistant at the Center for Health Economics and Policy at the MEDTAP Institute, UnitedBioSource, Bethesda, Md. He received his M.A. in health economics from the University of Calgary. Eldon's wife and 11-month old son will be joining him in Seattle.

Brian Bresnahan, Ph.D. is the new Lilly post-doctoral fellow in Pharmaceutical Outcomes Research and Policy. Dr. Bresnahan received his Ph.D. in economics from the University of Georgia, Athens and his B.S. in economics from Mr. St. Mary's College, Emmitsburg, Md. He has held research positions at both Genentech and Johnson & Johnson. Dr. Bresnahan's current projects include performing economic assessments of portfolio products at early stage drug development; evaluating pharmacy and medical claims for individuals with polyphar-

macy drug regimens; and evaluating health valuation measurement from a methodology and policy implication perspective.

Scott Strassels, Pharm.D., Ph.D. is the most recent graduate of the PORPP program (June 2005). Dr. Strassels received his B.S. in pharmacy and his Pharm.D. at the University of Arizona, and previously completed a post-doctoral fellowship in pharmacoeconomics with the PORPF program, in conjunction with GlaxoSmithKline. Prior to returning to PORPP to obtain his Ph.D., he was a pharmacist specialist in pain management at the New England Medical Center Dr. Strassels' dissertation work is entitled, "The Economics and Epidemiology of Pain in Persons Receiving Hospice Care." Dr. Strassels is moving to Texas with his wife and son, to assume his new position as assistant professor, College of Pharmacy, University of Texas at Austin.

## CAB Members Meet

The School of Pharmacy Corporate Advisory Board (CAB) gathered for their annual meeting this past September. The two-day meeting held at the Columbia Tower in downtown Seattle provided an opportunity for the 30-member board, representing the nation's leading pharmaceutical companies, and UWSOP faculty and staff to strategize for the coming year on new and ongoing public and private partnerships that provide valuable support to the School in areas of student training and research.

Alumni board members include Al Linggi,
'71, of McKesson, Ed Wong, '71, of
Premera Blue Cross, out-going co-chair Bill
Garland, '74, of AngioGenex, and former
faculty member, Tom Baillie, and Doug
Mendenhall, '68, of Merck.

## UW Researchers Identify Genetic Basis in Patient Response to Warfarin

Dr. Allan Rettie, professor and chair of medicinal chemistry, UW School of Pharmacy, Dr. Mark Rieder, research assistant professor in genomic sciences and their colleagues (including UWSOP's David Blough, **Ken Thummel**, \*87, and David Veenstra) have identified a major genetic factor responsible for variability in patient responses to the commonly prescribed CoumadinTM -based anticoagulant known as warfarin.

Used to prevent harmful clotting after a heart attack, stroke or major surgery, warfarin is thought to be taken by over 2 million people a day in the US alone, yet dosage needs vary considerably between patients and incorrect dosages can be dangerous, if not fatal.

"There is a narrow window between too much and too little effect," explained Rettie. "A small change in dose can have quite a large effect on blood processes." For example, too high a dose can result in excessive bleeding, while too low a dose could allow dangerous blood clots to form.

By looking at genetic variation and the relationship this has to drug and dosage needs, the team identified a single gene, vitamin K epoxide reductase (VKORC1), which makes a protein that helps control clotting and is the key target of warfarin, as being responsible for 25 percent of the variance in warfarin dosages. This discovery provides some explanation as to why certain people require a lower or higher dose of the drug and may lead to the ability to determine each patient's warfarin dose more quickly and precisely, thereby eliminating the negative effects of over- or under-medication. It is for research such as this that the study of pharmacogenomics is seen to be on the forefront of advancing patient care.

"Effect of VKORC1 Haplotypes on Transcriptional Regulation and Warfarin Dose" was published in the June 2 issue of the New England Journal of Medicine. The research was funded by a NIH grant.

### Take Charge Family Planning Program Gets A Boost

Don Downing, clinical associate professor of pharmacy, received \$48,823 funding from the Compton Foundation to fund the UW Department of Pharmacy Take Charge Family Planning Program that will allow some low-income women to receive free contraception direct from pharmacists.

This is an extension of the Direct Access study, which has enabled a designated group of pharmacists to provide emergency contraception via collaborative agreements direct to their patients. The Take Charge program will enable pharmacists to provide the contraceptive services to women who may otherwise have to be turned away due to financial constraints.

Participating Fred Meyer, Bartell
Drugs and other independent urban and
rural pharmacies will receive an enrollment fee, an office visit fee and compensation for contraceptive medications
paid for by the Compton grant.

It is hoped that the success of this pilot project will encourage pharmacists statewide to enroll in the program.

## Awards (continued from page 3)

King County. His special interests in pharmacy include diabetes care, patient compliance, pharmacy business management, pharmacy law, and compounding. In addition to being a great asset to the pharmacy community, Mike is very active in his church and is a motorcycle enthusiast. He believes his best life choice is his marriage of 26 years to his wife Jan. They live in North Seattle and have two sons, Jeff (23) and Ben (20).

Michael L. Brandt, '03, received the Elan Innovative Pharmacy Practice Award honoring innovative pharmacy practices that improve patient care and outcomes. Michael, is an oncology pharmacist specialist at St. Joseph Medical Center in Tacoma, where he focuses on pharmaceutical care for cancer patients and teaching patients and their families about chemotherapy and its side effects. He also instituted and leads a multidisciplinary team that assesses and implements new procedures for chemotherapy safety and mentors students, residents, and other pharmacists and technicians in chemotherapy treatment. Michael is the liaison for pharmacy for the cancer program at Franciscan Health Services. He is on the speaker's bureau for Genentech and speaks nationally on colorectal cancer, breast cancer, and non-Hodgkins lymphoma, and cancer treatment in general. His comprehensive approach to cancer patient care is making a difference in many peoples lives.

Jennifer S. Riddell, '06, received the Pharmacy Student of the Year Award for her consistent and outstanding contributions toward the growth and development of pharmacy student participation on both a local and state level. Her enthusiasm is contagious and her devotion unvielding. As WSPA senior liaison to UW's UPPOW Board, Jennifer influences policy and demonstrates strong leadership abilities. She is also involved in a leadership honorary Phi Lambda Sigma. She also finds time to assist in missions established by the Salvation Army to educate the homeless on self-healthcare. Jennifer is an inspiration to pharmacy students and we wish her luck as she applies for residencies in hospital

Larry Martens, '55, and Robert Satterthwaite, '55, were recognized for their 50-year commitment to the field of pharmacy. Teri Ferreira, UWSOP clinical instructor, received the NCPA Leadership Award for Incoming President.

One highlight of the convention

#### ALUMNI RECEPTION AND PAA ANNUAL MEETING



Fred Martin, '50, and bis wife Margares traveled from La Conner to attend the conference.

was the UW alumni reception and PAA annual meeting which drew a crowd of 50-plus Huskies. Stan Weber, associate dean of professional education, spoke about exciting new research and programs going on at the School. Jeff Rochon, \*99, PAA past-president, discussed the benefits of the PAA and encouraged everyone to join or renew their membership. There was food, trivia, and prizes. A good time was had by all. Thank you to all who attended and participated. We look forward to seeing you next year!

## UW Faculty Are Leaders in Experiential Education



The UW Trave (L.R.): Stav Weber, Karan Dances, Terri O'Sallinav, and Dana Hanner:

On June 17, representatives from all areas of pharmacy practice, regulation, professional organizations and education met in Chicago for a two-day summit with the goal of creating an action plan and implementation strategy for advancing experiential education within the pharmacy profession. This invitational summit was part of the American Association of Colleges of Pharmacy (AACP) Academic Practice Partnership Initiative (APPI), sponsored in part by a grant from Merck & Company. University of Washington School of Pharmacy faculty members, Stanley Weber, Karan Dawson, '70, Terri O'Sullivan, '84, and Dana Hammer were chosen by AACP to help create and run

The summit was a breakthrough opportunity to unite individuals throughout the pharmacy profession, including pharmacy practitioners and preceptors, students and residents, as well as representatives from professional organizations, education, and accreditation and regulatory industries. A total of 71 participants, representing new and established, public and private, large and small institutions in both rural and urban settings, attended. Academic institutions underwent a competitive application process to gain invitation to the event.

"Pharmacy has a great group of dedicated leaders in education, patient care services, industry, and its professional organizations. It was exciting to see them all focus on the problem at hand. Their hard work and devotion to the goal of the Summit was inspiring and speaks well for the profession," said Karan Dawson.

The Summit served as the first step in a multi-year initiative to improve the quality of experiential education sites across the country, expand the capacity for exemplary sites, train preceptors, and stream-

line processes within and across schools and colleges of pharmacy. Participants received pre-summit activity and reading assignments to ensure sufficient understanding of issues for in-depth discussions at the actual event, which was structured as a series of plenary sessions, panel discussions, and innovation breakout groups.

Participants focused on the relationships between schools, preceptors, students, and sites, and the environment in which they function. The result is a defined, prioritized strategy, to be implemented nationwide, that will improve the quality and effectiveness of experiential learning (see side bar).

"The success of the Summit will be determined by what comes out of it," explains Terri O'Sullivan. "The AACP's commitment to actualizing summit recommendations, coupled with the revised guidelines for pharmacy education proposed by the Accrediting Council on Pharmacy Education (ACPE) and the push toward continuous competency demonstration by practicing health care professionals, mean that significant changes are ahead in pharmacy education and prac-

The impact of improved experiential education is far reaching. Better trained students, result from better trained educators (faculty, preceptors, et. al.). Advancements in experiential education set forth by this summit, benefit the students of pharmacy, the many preceptors who contribute to their learning, and ultimately, explained Dawson, "serve our basic purpose as pharmacists by leading to superior patient care."

'We have outstanding pharmacist preceptors at the University of Washington," said Dawson. "However, balancing the demands of precepting with job-related responsibilities can be challenging. I am

hopeful that the outcomes of the Summit will provide ways to better support our preceptors not only as teachers, but as pharmacists, and lead to a model for continuous quality improvement, not only for experiential education, but for professional development."

It was an honor for the UW team to be chosen to help make the summit a reality and it speaks well for the School and its alumni, partners and friends, "Washington State is well-known for its innovation in pharmacy practice. Our School is fortunate to teach within a community of superb, progressive, and generous pharmacists. We are honored to have the opportunity to share what we have learned by working with individuals in our area and across the nation so as to help the profession catalyze a rational move to more and better clerkships nationwide," said Stan Weber.

Dana Hammer sees the benefits of putting on the conference reaching not only the national level, but also a more personal level within the UW pharmacy community. "Our school and region will directly benefit from what we have learned and the connections we have made," she says. "It is already helping us move ahead with our own curriculum."

Experiential education is a substantial part of pharmacy education, making up 25-30 percent of the Pharm.D. curricuhum. "Experiential education is a natural extension of our historical roots," explained Weber. "Pharmacy has a long and rich history of student-expert relationships, beginning with apprentice pharmacists, the development of internships and basic science laboratory exercises, and now, the more recent introduction of year-long clerkships." The summit was a key first step in ensuring that this aspect of our history continues to develop and grow with the ever expanding role of the pharmacist in the health care community.

## Summit Five Stategies To Improve Experiential Learning

- Increase the quantity of exemplary experiential learning sites across the US.
   Recruit and train qualified experiential faculty
- members and preceptors. Elevate the quality of care delivered at
- experiential learning sites.
  4. Streamline processes for preceptor recruitment, training, assessment, communication, and feed
- Ensure that experiential learning in pharmacy inculcates skills, values, and attributes related to the five core competencies that all health profes sionals should possess: provide patient-centered care, work in interdisciplinary teams, employ evidence-based practice, apply quality improvement and utilize informatics.

## Why Should I Renew my PAA membership?

Do you enjoy...

Staying in touch with the School and fellow pharmacy classmates?

- Keeping abreast of current issues and advancements in pharmacy practice?
- Opportunities to learn and share experiences with other pharmacists?

Teaching or mentoring pharmacy students?

If the answer is yes to any of these questions, the PAA makes the things you value possible!

For just \$45 per year (\$35 per year for alumni over 65) PAA membership provides:

- Updates on alumni news through Dawgscripts, the PAA newsletter, published three times a year (in print and now online!)
- Sponsorship of alumni events to include Homecoming and Class reunions.
- Hosting of the annual Katterman lecture series where alumni can earn Continuing Education (CE) credits. (Members attend at a \$25 discount!)
- Employment information for pharmacy professionals as well as recent graduates.
- Alumni receptions at professional meetings such as WSPA and APhA.
- A walk down memory lane with the online class photos.
- Online calendar of important dates and upcoming conferences.
- An ongoing resource and communication center for all alumni needs.
- Support of current students, our future alumni, through mentoring programs and investments in activities such as graduation and the Border-to-Border relay for cancer.

Our membership drive will begin soon! Please begin or renew your membership and encourage your colleagues to do the same. Visit http://depts.washington.edu/rxalumni





Homecoming and Class reunions!



Katterman Lecture!



Border to Border Cancer Relay! and MUCH MORE!

## Alumni (continued from front page)

techs left and Don started to train a new tech to replace him. Patrick, who had become increasingly interested in pharmacy, asked if Don would train him along with the new tech. Don obliged and Patrick learned from one of the best. Patrick then passed his Tech A license exam and took a job at **Don Katterman's**, '48, Sand Point Pharmacy, where he worked as a tech for one year before starting pharmacy school at the UW.

Patrick's initial goal was to become a retail pharmacist like his mentor. However, upon graduation he decided to try clinical hospital pharmacy and took a job at a hospital in Bremerton. Within a year, Patrick realized clinical pharmacy was not where his heart truly was, his heart was in retail. He had learned from Don Forstrom that **Don Cox**, '74, was thinking about selling Lincoln Pharmacy in Tacoma. Patrick seized the opportunity and became the new owner of Lincoln Pharmacy in April 2005.

Don Forstrom inspired, trained and stirred Patrick in the right direction for becoming a pharmacist, recommended him to UW School of Pharmacy and then helped him find the perfect fit for his career goals. But that's not all; he still helps Patrick, on a daily basis in fact. He sold Central Pharmacy, temporarily retired, but missed the profession and now works as an employee of Lincoln Pharmacy. "I'll get to see just how good a boss I was!" he quips as he now gets to see his former trainee in action.

Patrick loves being a pharmacy owner. He enjoys the people and the business aspect of retail pharmacy. "I like solving problems," he explains. "Every day there is something new to trouble-shoot, it's a great challenge." Patrick is currently looking forward to getting a robot (automation) to increase efficiency, a move he says will then allow him to spend more time focusing on patients.

The mentoring bridge between Don and Patrick is now continuing into the next generation of Husky pharmacists. Lincoln Pharmacy welcomed UW pharmacy student Bradley "BJ" Gleason, '08, as a summer intern this year. Much of the store's business comes from assisted-living scripts and it also has a contract with the Puyallup

tribe. "BJ is a member of an out-ofstate tribe, yet knows the Puyallup tribe people and connects well with them," explains Patrick. "We enjoy having BJ aboard."

Patrick O'Donnell, like so many Husky pharmacists, has greatly benefited from the connections kept by UW School of Pharmacy grads within the local pharmacy community. For Patrick, these connections are not only multi-generational, but are also both professional and personal. Don Forstrom says fondly of Patrick's marriage to classmate Melissa Dearey, '00, "marrying Missy was the best thing Patrick has done in his life." Maybe so, but he's done a great job as a pharmacist as well, thanks in part to Don Forstom and the great Husky pharmacy community he represents.

Note of Thanks: Based on his experience of working with Patrick, BJ and other UW graduates, Dean Sid Nelson asked Don Forstrom how he thought the School was doing, "An excellent job," said Don. Thank you to all our alumni who continue to support, mentor and welcome our students into pharmacy: You help make us the best.

## FACULTY NEWS

Gail Anderson discussed women's health issues in the article "Gender in the Pharmacy: Does it Matter?" published in the June 10 issue of Science.

Valerie Daggett has been invited to serve as a member of the National Institutes of Health (NIH) Macromolecular Structure and Function B (MSFB) Study Section, Center for Scientific Review, for the term beginning July 1, 2005 and end-

ing June 30, 2008.

Don Downing received \$48,823 from the Compton Foundation to fund the UW Dept. of Pharmacy Take Charge Pilot project (see article page 5). Don was also interviewed by the Palm Beach Post for their July 7 article "Independents Wedge Niche Among Chain Pharmacies" and discussed the Morning-After pill and the refusal of some pharmacists to honor prescriptions for it in "Prescription for calm amid the Morning-After pill fever" published by the Seattle Post-Intelligencer.

Dana Hammer was interviewed by KING 5 reporter Mirtha Vaca on the topic of drug splitting, its benefits and hazards. The segment aired on Monday July 11 on Seattle Live, Northwest Cable News and KING 5

Neny.

Mary Hebert's research into how the pregnant body reacts to drugs continues to make news with "Medications While You're Pregnant," recently published in Health Beat.

Rodney Ho has been elected as an American Association of Pharmaceutical Scientists (AAPS) Fellow. He is also taking office as chair of American Association for Advancement of Science (AAAS). He has received a two-year, \$437,000 high nsk exploratory grant from NIH for his research "Specific Knock-Out and Multi-Day Transport" to look at tissue specific contributions of a multi-day transporter that regulates drug distribution to different tissue, and received a \$714,427 NIH grant to continue work on "Anti-HIV Drug Targeting to Lymphoid Tissues."

John Horn was highlighted in "Tough to Swallow," an article on drug safety published in the May edition of Southwest Airlines Spirit magazine. He was also invited to present his talk "Not Every Drug Interaction is Relevant - But Relevant Interactions are Important" at the First German Congress for Patient Medication Safety held in Saarbrucken, Germany over the summer. He also co-authored the recently published 2005 edition of Hansten and Horn Managing Clinically Important Drug Interactions.

Michaelene (Micki) Kedzierski received a "Certificate of Appreciation for Faithful and Commendable Service to the Board of Pharmacy and the Pharmacy Profession in Washington State" for her 22 years of voluntary service in the Washington Recovery Assistance Program for Pharmacy (WRAPP). Micki recently stepped down as chair of the WRAPP Advisory Board, but continues to serve as a voluntary consultant.

Sid Nelson appeared on Comeant Local Edition for a 5-minute segment to discuss pharmacy, its changing role in the health care community and the

UW program.

Peggy Odegard has been appointed associate professor of pharmacy. Peggy was also a panelist on the May 18 edition of EngAGE, a King County, Senior Services production with SCAN television where she discussed medications and aging. She also presented her paper "Improving Medication Use Outcome for Older Women" at the Oxford Roundtable on Aging at Oxford University in England.

Terri O'Sullivan was appointed the 2005-2006 Chair of AACP's Professional Affairs Committee and was highlighted in the article "Daily use of Tylenol has risks" published in the Aug. 16 edition of The Exercts

Herald.

Allan Rettie in collaboration with David Blough, Ken Thummel, David Veenstra, and UW Genome Sciences colleagues, published a research paper in the June 2 issue of the New England Journal of Medicine titled "Effect of VKORC1 Haplotypes on Transcriptional Regulation and Warfarin Dose" (see article page 5). He has also been selected to receive the 2005 North American Scientific Achievement Award from the International Society for the Study of Xenobiotics (ISSX).

Danny Shen received a threeyear, \$400,000 R21 award from the National Center for Complementary and Alternative Medicine (NCCAM) at NIH for his work "Modulation of Opioid Effects by Garlic Supplements."

John Slattery, former professor of pharmaceutics, will be returning to the UW on Oct. 1 as vice dean for Research and Graduate Education in the School of Medicine.

Sean Sullivan is co-PI for a \$1.03 million grant from the U.S. Department of Health and Human Services to evaluate how computerized prescribing in a out-patient clinical setting improves medical safety and patient outcomes. He has also received a three-year grant from the Agency for Healthcare Research and Quality (AHRQ) for over \$1 million to "Evaluate the Impact of an ACPOE/ CDC System on Outcomes."

Ken Thummel has been elected as an American Association of Pharmaceutical Scientists (AAPS) fellow. He has also received an NIH grant for \$1.8 million to study "Pharmacogenomics of ADR's: Calcineurin Inhibitor Toxicity" and was recently ranked 39 among the 100 Most-Cited Scientists in Pharmacology & Toxicology according to ISI Essential Science Indicators.

David Veenstra has been appointed associate professor of pharmacy.

School of Pharmacy was awarded the Graduate and Professional Student Senate (GPSS) Gold Star Department Award for 2004-2005 in recognition of the School's excellence in graduate and professional student services within the individual departments at the UW.



Dana Hammer demonstrates pill-splitting for KING 5 Seattle Live Segment with her axistant Carson Hantson, '07.

## Students Learn Pharmacy: Jamacian Style



Janusians phormony student from U. Tech congrutulates and presents Stephanis (middle) and Cristina (right) with their seamed place traphy.

UWSOP takes pride in the fact that many of its students are involved and active in local. state, and national issues and that some, such as Stephanie Decker, '07, and Cristina Pomeroy, '06, take their interest even further, to the global level. Both are members of the International Pharmaceutical Students' Federation (IPSF), an

organization that promotes pharmacy student involvement in world public health issues through international conferences, exchange programs and other communication and networking initiatives. Stephanie and Cristina recently joined 54 other students from North, Central, and South America and the Caribbean at IPSF's Pan-American Regional Symposium (PARS) conference, a five-day event that enables students to network, exchange ideas, and learn about pharmacy issues and opportunities in countries throughout the Pan-American region.

This year's conference was held in Kingston, Jamaica. The theme, 
"Counseling Our Way into Healthy Lifestyles" focused on the importance 
of patient counseling while also addressing the need for pharmacists to 
lead by example. To emphasize healthy living among pharmacists, students 
themselves received a blood glucose check as part of a session on diabetes 
management. Stephanie and Cristina's poster presentation, "Emergency 
Contraception and the Pharmacist's Role," continued on the counseling theme and won them second prize in the poster competition. Other 
conference highlights included a trip to Dunn's River Falls, an impressive 
waterfall outside of Kingston in Ocho Rios, hosted by Jamaican pharmacy 
students. "We had a great time" reported Stephanie. "We learned a lot at 
PARS and met many wonderful students from throughout our region."

Stephanie, who is interested in working with pharmacy students from other countries and learning more about international public health issues, sees IPSF conferences and programs as great opportunities to take

her chosen profession international and make a difference in the world through pharmacy. "IPSF is really a great organization," explains Stephanie. "It brings the profession of pharmacy together globally and is a ton of fun." Stephanie plans to attend the IPSF 52nd annual World Congress in Cairns, Australia next summer.



The international group of pharmacy students take a trip to Dunn's River Folls.

### STUDENT NEWS

Adam Brothers, '06, Jennifer
Glasco, '08, Jenny Riddell, '06, and
Beth Walter, '06, in collaboration with
students from medicine, nursing, social
work and MEDEX programs, organized
an inter-professional student leadership
conference. The goals of the conference
were to cultivate both individual and team
leadership skills, enhance inter-professional communication and partnerships, and
champion student efforts to end health
disparities.

Jennifer Johnson, '06, was recently awarded the NCPA Presidential Scholarship in recognition of her leadership qualities, extracurricular accomplishments and contributions to the

profession.

Stephanie Kormeier, '07, discussed the issue of some pharmacist's refusal to honor prescriptions for the Morning-After pill in the Seattle Post-Intelligencer article "Prescription for calm amid the Morning After pill fever."

Ronda Machen, '06, and Adam Brothers, '06, were invited by the American Association of Colleges of Pharmacy to attend the AACP annual meeting in Cincinnati on July 9-13 as two of the 20 students selected for the Wal-Mart scholarship program.

Mart scholarship program.

Jenny Riddell, '06, was selected as the Washington State Pharmacy Association's 2005 Student of the Year (see page 5).

Margaret Sopalski, '07, was named as the APhA-ASP Region 7 Liaison for the Pharmacy Student Magazine Editorial Advisory Board.

Over 50 students collectively, participated in the Diabetes Expo on May 14 in Seattle, where they educated attendees on blood glucose meters, foot care, over the counter medications that affect diabetes management and the role of the pharmacist in diabetes care. Students also attended the National Conference of State Legislators on Aug. 17-19, where they joined representatives from the Alliance for Pharmaceutical Care to provide health screenings to attendees.

Students from the State of Washington Pharmacy Leadership Conference and our Phi Lambda Sigma chapter were awarded a grant from ASHP to sponsor a statewide initiative that promotes patient safety and improves access to health services in underserved communities.

Thirteen students participated in the May NCPA Legislative Affairs Conference in Washington, D.C. The students attended educational seminars and joined state pharmacists on visits to Capitol Hill.

### CLASS NOTES

Wayne Mosby, '54, and his wife June are in good health and enjoy annual trips to Mazatlan, Mexico. Wayne is 82-years-old and still working in real estate sales. He is developing an RV park in Goldendale, Wash, and looking into getting zoning for another project. Their four children are all doing well and remain the couple's pride and joy.

Ronald Konopaski, '55, retired from his San Francisco dental practice "Smile America" in 2000 after 35 years in the business. He remains politically active in San Francisco, but has moved his focus to developing a retreat center at Sekiu on the Olympic Peninsula.

Bennett D. Anderson, '56, retired from Albertson's Pharmacy in Jan. 2004. This year marked his wife, Jan Wright Anderson, and his 50th anniversary. They celebrated this milestone with family at Ocean Shores, Wash. Bennett enjoys play-

ing tennis three times a week.

Al Thurmond, '56, Al's granddaughter attended four years at UW ROTC program and graduated from Seattle U this year in nursing. Her father, a UW ROTC alumni and current Marine colonel and commanding officer at Camp Kinser, Okinawa, flew in to commission her as a Navy nurse. Al and his wife are very proud of their UW ROTC lineage.

Joanne (Sorenson) Iverson, '65, has been working as a relief pharmacist with Cameron and Company since Dec. 1998. It has been a fun and interesting adventure in pharmacy. She has worked in several prison pharmacies, local hospitals, Group Health sites, off-site long-term care and on-site nursing home pharmacies as well as various independent and chain store pharmacies.

James Cammack, '67, was highlighted in the July/Aug, issue of Retail Pharmacy Management for his work in building an electronic prescribing and medical records network among health care providers in Port Angeles.

Ed Wong, '71, is one of five winners of the 2005 Premera CEO Award, for his consistently strong performance and ongoing contributions to the organization.

Wes Anderson, '75, served as multicare medical center director of pharmacy for Allenmore Hospital for 20 years. His last seven years have been spent working for Chronimed, Inc., for whom he opened a disease state specialty practice, with a focus on HIV/AIDS and organ transplant before being promoted to western regional manager of operations. He lives in California and has returned to graduate school twice in the past 30 years, for mas-

ters in health administration and clinical psychology existential phenomenology.

W. Bernard (Bernie) Bauman, '75, celebrated his 28th wedding anniversary with his wife, Lou Ann, in Aug. They went on an African safari for their 25th! They have two daughters, Barbara and Katie. Bernie and Barbara have been involved in the theater for many years and recently landed roles in the DVD-released movie, "H.G. Wells, The War of the Worlds" (co-produced by Barbara) which is a Victorian, true-to-the-book version of the tale. Beyond acting, Bernie remains an avid soccer player.

Linda Rupnick, '77, hosted the annual Chi alumni meeting in May at her home on Puget Sound. Among those present were three past grand presidents of Lambda Kappa Sigma, Pat Tanac, '45, Nancy Horst, '62, and Eta alum, Pattie Kienle.

Joyce Tsai, '78, and her husband, Peter, enjoyed a group tour trip to China this

past June.

Barbara (Buley) Lampman, '85, recently move to Fairwood. She is currently working part-time for Fred Meyer and enjoying spending time with her 10-year-old twins, Chris and Anna. She had successful

hip surgery two years ago.

Charles Westergard, '85, spent 12 years at Swedish Medical Center before leaving clinical practice in 2000 when he received his MBA and co-founded Healthprolink, Inc., a software company that develops web-based clinical data management applications for pharmacy. He is currently vice president of client services for this company which has over 500 hospital customers.

Jana (Johnson) Anderson, '90, moved to Phoenix, Ariz. after graduation. It's hot, but the blue sky every day is worth it. She worked at independent, HMO and grocery store pharmacies before joining Walgreen's where she boasts the "mom dream schedule" (5-10pm 3x/week - no weekends!) She is married to Kelly Anderson. They have a daughter, Kayla (7), and a son Evan (5). She misses the class of 1990 and wishes them all the best!

Charlotte Campbell, '95, works at a Walgreen's Pharmacy in the greater Salt Lake City area. She and her husband, Lloyd, enjoy their house in the suburbs and now that he is retired, travel in their RV as much as possible.

Eric Chantelois, '95, has been at the VA in Seattle since graduation. In 2003 he took a position as the inpatient pharmacy program manager. He and his wife, Jessica, have two kids, Miranda who was born during 2nd year, and Logan who was born

in 1997. Eric has been taking tap dancing lessons for the last two years.

Sarah (Salzberg) Tracy, '99, and her husband, Chris, are excited to introduce their daughter, Anna Victoria, born Dec. 28, 2004. "I absolutely love being a mom!" says Sarah.

Carrie Chalverus, '00, completed her one-year residency at the University of Utah in Salt Lake City (SLC) and worked at Primary Children's Medical Center in SLC from 2001-2004. She and her husband moved briefly to Las Vegas and now live in Fairbanks, Alaska. Carrie works at Fairbanks Memorial Hospital. No kids or pets yet, but she's enjoyed traveling, including backpacking through Alaska, Utah, Colorado, Florida (Keys), Korea, Japan, China, and Thailand. Her and her husband's latest passion is bicycles.

Chhang Chhay, '00, is working at Evergreen Hospital Medical Center as an

inpatient pharmacist.

Tom Cleary, '00, is the drug utilization supervisor for Medco pharmacy in Spokane and oversees 20 of the company's 80 pharmacists. His pharmacy processed over 10 million prescriptions in 2004 and currently processes 35,000-40,000 per day.

Wanda Crow, '00, still works for Jim Ramseth, '63, at Covington Pharmacy and loves it. She received her CDM, CDE and started a monthly diabetes support group. Her girls, Christy and Jaine, are 14- and 16years-old!

Jay DeYoung, '00, and his wife, Sorcha had a baby boy on Nov. 7, 2004 named Declan (7lbs. 5 oz. and 20 1/2" long.) Jay is starting his last year of medical school this June and will finish June 2006. He is planning on going into anesthesiology and might get his residency at UW!

Richard Fisher, '00, recently moved to Eagle, Idaho, with his wife and two children, Georgia (3 1/2 yrs. old) and Thomas

(2 1/2 yrs. old).

Cindy (Burt) Hudson, '00, married Hunter Hudson in Aug, of 2000 and had daughter, Lucy Ezis, in Aug. 2003. Cindy spent two years at Harborview and now works at Bartell Drugs. Her current project is to help organize and build a community playground.

Ryan Oftebro, '03, and Rod Shafer, '77, were on KPLU-NPR Morning Edition (Aug. 22) talking about new medication therapy management and individual patient counseling direct from pharmacists.

## Dean's Club Members Enjoy A Historic Game



A Don moment with Don Forstrom, '61, and Don Williams (right).

Dean's Club members joined colleagues and friends for a night out at the ole' ball game on July 15. Night at the Mariners is an annual event hosted by Dean Sid Nelson and his wife, Joan, in gratitude for the generosity and support shown by Dean's Club members throughout the year. Although the Mariners suffered a 6-3 loss to the Baltimore Orioles, it remained a memorable game as baseball fans watched history in the making Rafael Palmeiro hit his 3,000th career hit in the fifth inning, becoming only the fourth player in major league history to have collected 3,000 hits and 500 home runs. Students Nicole Miller, '07, and Katharine Monaco, '07, joined the 47 Dean's Club attendees at the event to thank them, on behalf of all UWSOP students, for their ongoing support and encouragement. The duo also spoke about the ASHP grant they recently won and the Medication Safety Project it enabled them to start. Dean Nelson updated the crowd on I2P2 and the advancements we have made in the Pharmacy Management Program. Now if we could only get the Mariners to hit their stride - maybe next



Joleen and Bob Bond, '64, enjoy the game.



Dan Davidson, '78, and bis son, Bo, wait for a bit.

## IN MEMORIAM

Leonora "Lee" Dorman, '29, died at the age of 98. Lee graduated from the UW with a degree in pharmacology at the age of 20. Her first job was at Beacon Hill Victory Pharmacy in 1928, with subsequent jobs in Ballard, downtown Seattle and Capitol Hill. She married Wendell P. McArthur in 1930 and together they started their own drugstore on Beacon Hill. In 1956 she became a pharmacist at Group Health Hospital, where she worked until her retirement in 1973 at age 65. She continued, however, to provide part time help at the hospital and was recognized by WSPA for over 50 years dedication to her profession. Lee was widowed in 1971 and married Ken Dorman in 1977. The two traveled extensively until the early 90's. Lee is survived by her seven children, three step-children, 15 grandchildren, many great-grandchildren and one great-great grandson.

Neal Woodhouse, '40, passed away on May 8 at the age of 86 of natural causes. Neal owned and operated several pharmacies throughout his career, mostly in Seattle and one in Silverdale, from which he retired in 1991. Neal served as chief pharmacist mate in the US Navy during World War II and was an active member and president of the Silverdale Rotary Club. For 30 years, until 2003, Neal shared his passion for swimming

by teaching autistic children and young adults to swim and compete in Special Olympics. He was an avid outdoorsman, enjoyed boating, fishing, hiking and skiing and traveled extensively, including to Samoa, Japan and the Caribbean Islands. He was preceded in death by his first wife, Dorothy, and second wife, Martha. He is survived by his son Steve, daughter Carol Stockler, three stepchildren, 10 grandchildren and four great-grandchildren.

Robert "Bob" P. Strom, '42, passed away on July 28 at the age of 86 due to cancer. Bob served in the Merchant Marines during World War II before returning to Seattle to start his pharmacy career at Kelly-Ross. He married Anita Bourgeois in 1947 and the two settled in Magnolia. In 1958 Bob took over management of his father's Interbay Pharmacy, where he served as a community pharmacist for the next 20 years. Bob enjoyed hunting, fishing, and a passion for traveling that spurred his second career as a travel agent and inspired his many trips to Hawaii, Alaska, Africa, Honk Kong, Thailand and Indonesia. Bob is survived by his wife Anita, son Robert and two grandchildren. He was proceeded in death by his brother Jack Strom,'45.

Frank Finney, '53, passed away on May 18 at the age of 77. Frank operated Hi-Line Pharmacy in Burien for

many years. After retirement, he moved to his Juniper Beach home on Camano Island until returning to Seattle for health reasons. Frank maintained a large network of friends throughout his life and was well-known for his upbeat demeanor, easy conversations, love of a good joke and willingness to help others. Frank enjoyed his profession, his fellow pharmacists, and proctoring retail externs. He was generous with his time, talent and resources, supporting numerous organizations and causes in the Seattle area. Frank was preceded in death by his first wife, Margery. He is survived by his second wife and companion of 25 years, Lillian, five children and 11 grandchildren.

Clark "Bud" Curtis, '65, passed away on April 8 after a two-round battle with cancer. Bud served in the US Army in Okinawa, Japan. Upon his return to the States, he enrolled first at Skagit Valley College then transferred to the UW to pursue his degree in pharmacy. He was a fixture at the House of Values store on Evergreen Way in Everett, staying through its transition to Payless Drugs then Rite Aid, serving there and as a fill-in at Rite Aid stores between Bellevue and Bellingham during his 35-year career as a pharmacist. He is survived by wife Jan and their two sons, James and Jeffrey, daughter Eva Marie, and three grandchildren.

## UPCOMING EVENTS

#### OCTOBER 20

#### UW Dean's Club Presents: Louis Tiffany: Artists for the Ages

Dean's Club members are invited to this special event at the Seattle Art Museum from 6 - 9 pm. For more information please contact David Chow at 206-221-2465 or chowd@u.washington.edu

#### NOVEMBER 4 Class of 1990 and 1995 Reunions

Join us Friday evening at Ivar's Salmon House at 401 Northlake Way starting at 7 pm to catch up with old friends and colleagues. We will be meeting in the bar.

#### NOVEMBER 5

### Homecoming Game and PAA Brunch

Join your fellow alumni at 10:30 am for brunch, camaraderie and memories as we celebrate Homecoming 2005. Tickets are also available for those wishing to continue the festivities by cheering on the Huskies as they compete against the Oregon State Beavers. Kickoff is at 12:30 pm.

## Class of 1960, 1965, 1970, 1975, 1980 and 1985 Reunions

Celebrate your class reunion by reconnecting with friends and colleagues at this year's homecoming brunch at the I-Court Rotunda. Event starts at 10:30 am.

#### FEBRUARY 18 Class of 2000 Reunion

Save the date for Saturday evening, President's Day weekend. More details to come. For more information contact Georgia Gianacos Steenis at ggianacos@hotmail.com.

#### APRIL 5

### Dean's Recognition Ceremony

This event has been moved from the fall to spring. It will be held Wednesday evening at the Columbia Tower Club from 7 - 9 pm. Call Beth Fenkner at 206-543-3485 for more information.

#### **MAY 19**

### Class of 1954, 1955, 1956, 1957 Reunion

Join us for the UW School of Pharmacy 50-year class reunion dinner at the Women's University Club of Seattle from 5 - 9 pm. For more information contact David Chow at 206-221-2465 or chowd@u.washington.edu

#### Looking for MORE INFORMATION on homecoming or your class reunion?

Please contact Beth Fenkner at rxalumni@u.washington.edu or 206-543-3485 or visit the PAA Events Calendar online at

#### SUPPORT DAWGSCRIPTS

Pharmacy Alumni Association dues pay for this publication. It accounts for 50% of the PAA budget. Yearly dues are \$45 (\$35 for those over 65 years). To join the PAA simply make your check payable to PAA, and send it to UW PAA, School of Pharmacy, Health Sciences Center, Box 357631, Seattle, WA 98195-7631. Thank you for your support!

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