The Science of Well-Being

Pharmacists have become essential to treating behavioral and mental health challenges.

A Legacy Of Success
AFTER 8 YEARS OF SERVICE, SEAN SULLIVAN STEPS DOWN AS UWSOP DEAN

A Friendship For The Ages
UWSOP ALUM DAVID BAILEY AND GARY SMITH SHARE A 50-YEAR CONNECTION

2022 UWSOP Endowments
CELEBRATING THE GENEROSITY AND VISION OF OUR ALUMNI AND DONORS
It’s hard to believe, but prior to this spring, our pharmacy community hadn’t seen each other face to face since early 2020. That’s two long years of Zoom meetings and events without being able to share handshakes and hugs, or congregate in person. Even more heartening has been the robust turnout, something I hope we continue to see moving forward into the fall. Attending these events and reconnecting with old friends and colleagues reminded me why this community is so special, and I’m already looking forward to seeing your faces in person soon.

Thankfully (with fingers crossed), those days are behind us, as this spring has already seen multiple live events take shape, from the Katterman Lecture and the Dean’s Recognition Reception, to the Pae Center’s In Case You Missed It event.

One face I’ll miss seeing this fall is Dean Sean Sullivan’s. As you all know, Sean will be stepping down as Dean in August to take a sabbatical. In London. Sean has been a superb Dean for the School for nearly a decade, and his support for the PAA has been unwavering. I know you all join me in thanking him for his service to the School, and wishing him well on his adventure abroad this fall.

Scott Herzog, ’03
President, Pharmacy Alumni Association

Change is the only constant in life. And the opening lyric from the 1975 Led Zeppelin song “Ten Years Gone” aptly applies to an upcoming professional transition for me. As most of you know, last year I informed the University that I would be stepping down as Dean of the School of Pharmacy at the end of August. Shortly after, I will begin a 1-year sabbatical as visiting Professor of Health Policy at the London School of Economics and Political Science. Catriona and I are excited about this next phase of life. Following the sabbatical, I plan to return to the School and resume my faculty responsibilities as a member of the Department of Pharmacy and the CHOICE Institute.

It has been my privilege to lead this School for the last 8 years, and it has also been my honor to serve you, the alumni. As is always the case with any successful program or organization, it’s the people that make a community so special, and ours is certainly no exception. I want to thank each of you for all you have done to support Catriona and me and the School. You make this place special. After I leave, the School will be in very capable hands. Dr. Peggy Odegard will serve as interim Dean until a permanent Dean is named.

Times are changing for our School and community as well. We’re finally on the other side of the pandemic, live events and opportunities to connect in person are cropping up once again, and the campus is humming with activity. Opening this fall is the new 100,000 sq ft Health Sciences Education Building dedicated to teaching and learning and equipped with the latest technology. This space will facilitate interprofessional didactic and skills-based education and will support the learning of next generation tele-health solutions. Please visit the School this Autumn and walk through this new space.

I am proud of all that we have accomplished together. And please know that I will continue to advocate, support and cheer loudly for the School and the University of Washington. Go Dawgs!

Sean D. Sullivan
BScPharm, PhD
Professor and Dean
UW School of Pharmacy

Please visit the School this Autumn and walk through this new space.

THE WELCOME RETURN OF IN-PERSON EVENTS

After two years of virtual purgatory, live-in-person events finally took center stage again this year as the winter quarter ushered in the UWSOP’s first on-site programs since 2020.

Check out our Spring 2022 issue of Digital Dawg Scripts to watch an interview with Sean as he reflects on his time as Dean.

<table>
<thead>
<tr>
<th>Location/Format</th>
<th>Event Date</th>
<th>Event Title</th>
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<tbody>
<tr>
<td>Meany Hall, Seattle Campus or YouTube Live</td>
<td>JUNE 4, 5:30-7PM</td>
<td>School of Pharmacy Alumni Happy Hour – WSPA Northwest Pharmacy Convention</td>
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<tr>
<td>Waterfront Activities Center, Seattle Campus</td>
<td>AUGUST 27, 4-7PM</td>
<td>School of Pharmacy 50 Year Reunion (Class of 1972)</td>
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<tr>
<td>Montlake Floor, The Westin Seattle</td>
<td>SEPTEMBER 14, 5:30-7:30 PM</td>
<td>ISSX School of Pharmacy Alumni Happy Hour</td>
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Please join us after the ISSX Conference on September 14 at the Westin Seattle for a School of Pharmacy Alumni Happy Hour.

COMMITTEE LEADERS
Alumni Recognition: Judi Max-Burridge, ’82, ’00
Class Representative: Bar Michaels, ’97, ’11
Katterman: Adam Brothers, ’06
Membership Chair: Andrew Heinz, ’13
Events Chair: Helen Marshull, ’05
Mentorship: Christy Wieland, ’07
Students: Katlin Kosai, Katie Necas
WSPA: Jenny Arnold, ’06

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*Join our UW School of Pharmacy Graduates Alumni and Friends Facebook group at http://www.facebook.com/UW-SOP
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The CHOICE Institute was created to address the complex challenges facing the medication use system in the United States. Through education and training, graduate programs, and applied research projects, the CHOICE Institute is equipping our next generation of medication managers to lead transformation in the field of medication use systems and services. The Institute is a member of the Washington State University Health Sciences Group of Institutions, based at the University of Washington, Seattle.

Dawg Scripts is produced by the UW School of Pharmacy, with support from the Pharmacy Alumni Association (PAA).

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Contributors: Sean D. Sullivan, Claire Forster, Scott Herzog
Photographer: Alex Levine

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Past President: Gary Harris, ’72
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Mind Mending

On the heels of a global pandemic, the pharmacist’s role in the behavioral health caregiving has become more clearly defined – and more essential.

Now, more than ever before, as pharmacists find new avenues for career opportunities in the behavioral health field, they are challenged with not only addressing the health and well-being needs of patients, but also their own.

From Acceptance To Reliance

Washington currently ranks 46 out of 50 states in the prevalence of mental illness, yet it has the 6th lowest rate of access to mental health care in the country. This is no surprise to UWSOP Professor Don Downing, ’75, who observed first-hand the escalation and impact of mental health issues on local communities decades ago.

“A few months after graduating from UW in 1975, I started up the Pierce County Tribe clinic in Tacoma,” he said. “I immediately found myself placed with a Native American community in crisis – isolated financially, culturally – and there were no direct health care services available.”

Although many communities statewide continue to face similar hurdles regarding access to services, pharmacists’ role in addressing mental and behavioral health issues has evolved and become more prominent in the intervening years, a trend that will hopefully help make headway in improving services for communities with diminished resources.

Fast back 15 years ago: treatment planning teams in hospitals began to (reluctantly) accept pharmacists working with patients day-to-day. These days, it’s a much different – and more populated – playing field, according to Jen Jepsen, a pharmacist in patient psychiatry at Harborview Medical Center in Seattle.

“Hospitals are much more reliant now on pharmacists than ever before,” she said. “Now, it’s not just accepted – it’s expected.”

Jepsen, who has worked at Harborview for the last six years, believes the pandemic has ushered in a more open era of discussing behavioral health conditions, from mental health and substance abuse disorders to psychiatric issues.

“It seems like it’s easier to talk about now – much less stigmatized,” she said. “Whether you’re acutely ill or are just struggling with your day-to-day and need some self-care and improvement in your own mental health, pharmacists now help address the issue at every level.”

Steve Fijalka, Chief Pharmacy Officer for UW Medicine, believes the increased awareness of mental and behavioral health issues is also due to the fact that we’re all impacted one way or another.

“All of us probably know somebody – family, friend, a co-worker – who’s been touched by mental health issues,” he said. “And for so long – particularly now – there has been a shortage across the nation in the number of behavioral health providers and caretakers out there.”

According to Fijalka, Washington state may soon be changing the narrative on how pharmacy students are integrated into behavioral health work. In collaboration with UWSOP, UW Medicine is creating a behavioral health residency program for UWSOP students that will be the first of its kind in the state.

As of 2022, there are only 12 behavioral residency programs on the West Coast – 10 of which are in California.

“It’s an area where we have or greater need right now,” said Fijalka. “UWSOP Dean Sean Sullivan and I made a proposal to the state legislature this past year regarding funding for residency programs here at UW, and the program was approved. It’s a great opportunity for our students, and the legislator definitely saw the need. It kind of sailed right through.”

Downing says UWSOP students and faculty have been heavily involved in the development of the program, which will include a new faculty member/mentor with a behavioral health background.

“At the UWSOP, we’re really pleased that we’re going to have a colleague with the clinical training to not just understand how the drugs work, but also how one delivers the care associated with behavioral health management,” he said. “We’re excited to create an environment for our students to graduate into and take advantage of these kinds of residencies.”

So far, a clinical pharmacist from Harborview Medical Center has been hired as the Program Residency Director, and recruitment is underway for the first wave of Pharmacy students. The program is expected to be in full swing by 2023.

Taking Care Of The Caretakers

One facet of mental health and well-being brought into focus during the pandemic was the toll suffered by health care providers. It was a crisis that begged the oft-repeated question: “Who takes care of the caretakers?”

For UWSOP Health Sciences Liaison and Counselor Jen Nguyen, an intense experience working in a hospital and observing the environment during the pandemic inspired her to help answer that question by pursuing a career in mental health counseling.

“During my time at the hospital, I found that health care workers suffered a lack of resources for mental health support,” she said. “When this role came around, I was very excited to be able to support folks going into the field.”

In her new position, Nguyen provides support for students and designs for them to consider prior to entering the workforce. She also teaches them the importance of setting boundaries, practicing self-care, and nurturing their own mental health, which, in turn, allows them to provide the best care for their patients.

Nguyen, who also supports faculty and staff for the UWSPK; Dentistry and the School of Public Health, says Pharmacy students (in particular) have suffered mental health challenges and diminished well-being during the pandemic.

“Not only have students been managing patients concerned about COVID and other physical and mental health ailments, they are also being impacted by the supply chain and access to medications,” she said. “I think one positive that has come from COVID is the dialogue people are starting – and continuing – to have around mental health. I have had a lot of students reach out to me to access mental health supports for the first time.”

This increase in requests for support illustrates an evolved awareness of the need for positive mental health and work-life balance.

“The pandemic has gotten us to think about sustainability and the impacts of overworking,” said Nguyen. “I think that faculty, staff, and students are able to think about mental health as not just something that is taken care of outside of the classroom, but very much integrated. If we can continue to have these types of conversations and supports, I think that we will pull out of the pandemic in a way where mental health issues and access to mental health care is less stigmatized.”

PHARMACY FRIDAYS PODCAST

The UWSOP’s new podcast, Pharmacy Fridays, features conversations with alumni, faculty and students about timely, field-related topics. Check out the Spring issue of Digital Dawg Scripts for a special episode and discussion centering on pharmacists’ escalating value in the behavioral health arena.

Over 350,000 citizens in Washington state suffer from serious mental health conditions, such as schizophrenia, bipolar disorder, or major depressive illnesses. Less than half of adults suffering from these mental illnesses receive any form of treatment.

WASHINGTON TRENDS

Washington ranks 46 out of 50 states in the prevalence of mental illness, yet has the 6th lowest rate of access to mental health care in the country.
A Legacy Of Excellence
Sean D. Sullivan Reflects On His Time As UWSOP Dean

After eight successful years of service as Dean of the UW School of Pharmacy, Sean D. Sullivan decided last fall to step down from the role, effective August 2022, and take a year sabbatical at the London School of Economics. There, he'll begin a year-long appointment as Visiting Professor in the Department of Health Policy before returning to the UWSOP faculty as Professor. With this being the last issue of Dawg Scripts featur- ing Sullivan as Dean, we thought it would be a good time to sit down and discuss his role-related challenges have helped him better understand and navigate University hierarchy and decision-making. “As a faculty member, even as Associate Dean, I was insulated from the larger hierarchy and decision-making. I had no aspirations to be a Dean. I was not a candidate, initially,” he recalled. “I was happy in my role at the time and looking forward to continuing my work as Director of the O’DICE Institute and Associate Dean for Research. Several faculty approached me about putting my name into the search for Research. Several faculty approached me about putting my name into the search for a Dean.” Rewinding the timeline back to the beginning, some folks might be unaware that, prior to stepping in as Dean in 2014, Sullivan had no intention to take on the position.

“I was not a candidate, initially,” he recalled. “I had no aspirations to be a Dean. I was happy in my role at the time and looking forward to continuing my work as Director of the O’DICE Institute and Associate Dean for Research. Several faculty approached me about putting my name into the search for a Dean.”

Throughout Sullivan’s tenure, the School saw myriad successes. Here are a few of many notable accomplishments:

- The beginning of Sullivan’s tenure was accompanied by a host of challenges, including a recession, which saw the Washington state legislature reduce support for higher education by 50%.
- “There was a period of 4 years where hiring and faculty salaries were frozen,” he said. “This had a chilling impact on morale. Dean Bailey deftly guided the School through these fiscally challenging times, while also leading the PharmD program to a successful re-accreditation. My greatest challenge in 2014 was to help the School come out of the recession period and help restore morale.”

Sullivan says, on a professional level, these role-related challenges have helped him better understand and navigate University hierarchy and decision-making. “As a faculty member, even as Associate Dean, I was insulated from the larger decisions (financial, organizational, etc.) that can have a big impact on the effectiveness of our programs,” he said. “Personally, the job has been both rewarding and challenging. I have enjoyed getting to know many of our alumni and friends of the School. They are so passionate about their time at the UW. It is motivating to hear their stories or learn why they continue to support the School.”

When asked what he’ll remember most about the job, Sullivan’s answer is simple: the people. “The dedicated staff and faculty who make this place so special are wonderful,” he said. “But most importantly, I’ll remember the students. They are why we are here. Students kept me motivated and on track.”

Building Success

Throughout Sullivan’s tenure, the School saw myriad successes. Here are a few of many notable accomplishments:

- The new Health Sciences Education Building
- The large number of new faculty we have hired and promoted following retirements
- The innovative PharmD curriculum
- The expansion of our research portfolio and research space
- The way our community works together to identify and tackle issues – particularly during the pandemic
- The School’s 125th anniversary and completion of the capital campaign
- The 10-year renewal of our 3 PhD programs, and the successful accreditation of the PharmD program

Passion For The Mission
Peggy Odegard Embraces Forthcoming Role As UWSOP Interim Dean

When it was announced earlier this year that Lynn and Geraldine Brady Endowed Professor of Pharmacy Peggy Odegard, ’85, ’90, agreed to serve as interim Dean for the UW School of Pharmacy, the appointment represented a historic achievement for our program: she will not only be the first to serve in that role on an interim basis, but also the first woman to serve as Dean for the School.

A Passion for the Mission
Currently UWSOP’s Vice Dean for professional pharmacy education, where she has overseen the development and imple- mentation of the School’s new PharmD curriculum, Odegard says she accepted the interim appointment because of her continued commitment to our mission.

“The School, the community, and the great work we do continue to inspire me,” she said, “and my interest in the role stems from my strong belief in our program and the important, life-changing work we do. We make a difference every day and that is truly inspiring.”

Odegard also praises UWSOP’s mutually supportive culture and nationally acclaimed research, teaching, and service efforts, which continue to have a pivotal impact on the health care industry.

“All of those attributes are woven into the fabric of who we are as a community – a community I’ve had the pleasure to be a part of for many years,” she noted. “I am inspired to help support our transition to a new Dean’s leadership and ensure our community feels well supported.”

Addressing Challenges
Concerning university-wide challenges, including attracting top-tier faculty, staff and students in a highly competitive climate, Odegard prefers to replace the word “challenges” with “opportunities.”

“There are some key opportunities, maybe with a twist of challenge, we currently face, but none that our community can’t strate- gically and successfully address,” she said. “We will work together to resolve any and all hurdles we face – that’s our way – and we have strong leadership across the School in all areas as an important support to the work of the Dean.”

Leadership Through Experience
Odegard has spent many fruitful years collaborating with colleagues in teaching, research, mentoring, curricular innovation, and professional engagement. She hopes these efforts, along with years spent building relationships and trust, will translate into effective leadership in her new role.

“I have great appreciation for the collabora- tive spirit of our community, our collective vision through our strategic plan, and our many and remarkable accomplishments,” she said.

“My hope is that my experience and long- term relationships within the community will provide a helpful support to us with achieving our goals during the transition period to welcome in a new Dean.”

"What we do makes a difference every day, and that is truly inspiring.”

- PEGGY ODEGARD
Faculty Updates

**UWSOP RECEIVES 5-YEAR RENEWAL FOR NINDS CONTRACT**
The Department of Pharmacy’s subcontract to identify investigational agents for the treatment and prevention of epilepsy will be renewed for another 5 years. The renewal of this subcontract (led by H. Steve White, PhD, and Melissa Barker-Haliski, PhD) represents an ongoing partnership between the National Institute of Neurological Disorders and Stroke Epilepsy Therapy Screening Program, the University of Utah Anticonvulsant Drug Development Program, and the University of Washington Department of Pharmacy to continue to identify and advance impactful therapies for the over 65 million people living with epilepsy worldwide. This NINDS-funded program has been instrumental to the development of at least 9 antiseizure medications on the market today.

**UWSOP FACULTY RECEIVE 520K INNOVATION AWARD**
The UWSOP Faculty Innovation Award provides financial support of up to $20,000 each for high-risk, innovative research projects. The reviewers look for projects with high scientific merit and great potential to generate extramural funding. This year, four UWSOP faculty were honored with this award.

- **Qingxin Mu**
  - Acting Assistant Professor in the Department of Pharmaceutics, has been selected for his proposal titled, “Drug Combination Nanoparticle-Enhanced Chemo-Immuo Therapy of Meta-Static Breast Cancer.”

- **Brian Werth**
  - Associate Professor in the Department of Pharmacy, has been selected for her proposal titled, “Assessing the Drug Interaction Potential of Postbiotic Supplementation.”

- **Abhinav Nath**
  - Associate Professor in the Department of Medicinal Chemistry, has been selected for his proposal titled, “Discovering Modulators of Self-Assembly and Aggregation by the ALS-linked Protein TDP-43.”

**THE CHOICE INSTITUTE WELCOMES NEW FACULTY**

- **Dr. Kyu Eun Lee**, PhD, will be joining The CHOICE Institute and the Department of Pharmacy in August as an Assistant Professor of Health Economics.
- **Dr. Jing Li**, MA, PhD, will be joining The CHOICE Institute and the Department of Pharmacy in August as an Assistant Professor of Health Economics.
- **Mike Guttman**, Assistant Professor, Department of Pharmaceutics, has been selected for his proposal titled, “Long-acting Lipoglycopeptide Therapeutics (ASCPT).”
- **Dr. Kyu Eun Lee**
  - PhD, will be joining The CHOICE Institute and the Department of Pharmacy in August as an Assistant Professor of Health Economics.
- **Dr. Jing Li**
  - earned her PhD in Health Policy (Economics Track) from the University of California, Berkeley in 2016. She also holds a BA in Economics & English from Peking University, an MA in International Comparative Education from Stanford University, and an MA in Economics from the University of California, Berkeley.

**LAUREN CIRRINCIONE RECEIVES ASCPT AWARD**
Lauren Cirrincione, assistant professor, Department of Pharmacy, was the recipient of the 2022 Clinical Pharmacology & Therapeutics Award from the American Society of Clinical Pharmacology & Therapeutics (ASCPT). Lauren’s paper, “Sex and Gender Differences in Clinical Pharmacology: Implications for Transgender Medicine,” was considered the best example of the importance of clinical pharmacology in advancing Diversity, Equity and Inclusion.

**PROMOTIONS**
- **Qingxin Mu**
  - Acting Assistant Professor
- **Abhinav Nath**
  - Associate Professor

**STEVE WHITE TO STEP DOWN AS PHARMACY CHAIR**
Department of Pharmacy Professor Steve White will step down as chair effective June 30, 2022. Steve, who arrived at the UWSOP in 2016, plans to return to the departmental faculty to continue his epilepsy research and to teach in the PharmD program.

**ENTRUSTED TO MENTORING**
Dr. Kyu Eun Lee, who will be joining The CHOICE Institute and the Department of Pharmacy in August as the Department’s new Assistant Professor of Health Economics, was recently promoted to Assistant Professor. Dr. Lee obtained a PhD in Health Policy (Decision Science track) at Stanford University in 2020 and a Master of Science in Health Services Research at the University of Minnesota in 2014.

In Focus: Ogochukwu Amaeze

Though hailing from Nigeria, Ogochukwu Amaeze has found a home-away-from-home at UWSOP.

“I met Dr. Isoherranen at the Gordon Research Conference Drug Metabolism meeting in 2019, where I presented part of my Ph.D. findings,” Amaeze recalled. “During my chat with her, I was thrilled at her extensive knowledge of Pharmacokinetics and the ease with which she discussed it. It was also exciting to learn that we shared similar research interests. At that point, I started looking forward to the prospects of receiving postdoctoral training at the UW under her tutelage. Further reading of her research articles and publications left me in no doubt that there’s no better place to receive advanced, in-depth training in PK and physiological-based modeling than the UWSOP.”

Amaeze and Isoherranen are currently collaborating on the “Virtual Pregnancy: Physiologically-based modeling in pregnancy” project, an effort supported by the Bill and Melinda Gates Foundation.

“Dr. Isoherranen, a mentor, recommended me to the project. Trained in Pharmacokinetics (PK) and Physiologically-based Pharmacokinetic (PBPK) modeling, I was thrilled to learn about the project. It was an opportunity to develop advanced PK modeling skills in a global setting with a research team from the University of Washington.”

Though hailing from Nigeria, Ogochukwu Amaeze has found a home-away-from-home at UWSOP.

“Dr. Isoherranen, a mentor, recommended me to the project. Trained in Pharmacokinetics (PK) and Physiologically-based Pharmacokinetic (PBPK) modeling, I was thrilled to learn about the project. It was an opportunity to develop advanced PK modeling skills in a global setting with a research team from the University of Washington.”

**There’s no better place to receive advanced, in-depth training in PK and physiological-based modeling than the UWSOP.**

- **OGOCHUKWU AMAEZE**
2022 DAA Award Winners

This year, the UW Pharmacy Alumni Association proudly recognized Shelby Reed (“Distinguished Alumnus in Pharmaceutical Science and Research Award”), Gary Harris, ’72 (“Distinguished Alumnus in Pharmacy Practice Award”), and Laura Hart, ’14, ’17 (“Early Career Achievement Award”) as the 2022 Distinguished Alumni Award recipients.

What does this award mean to you?
I was absolutely delighted to be selected for this award. My time at UW was instrumental to my time at Duke, so I’m very thankful.

What Advice would you give to students?
The most important advice I have is to enjoy the journey. Take the time to find out what you’re passionate about. Also, read off-topic stuff outside of pharmacy. It’s really about triangulating different fields – that’s what makes learning so exciting.

Why did you choose to attend the UW School of Pharmacy?
I originally interviewed for a junior faculty position, and I met Sean Sullivan, who, at the conclusion of the interview, encouraged me to pursue a post-doc. I wasn’t yet ready to step out of the shoes of a student, and into the shoes of a faculty member, to the post-doc allowed me more time and more training. It was perfect. It was the launching point of my career, and it was the right thing to do.

What does this award mean to you?
I’m thankful and honored that other people are seeing what’s going on, and hopefully that’s new inspiration or incentive for new pharmacists to say, “Okay, if there’s something out here I really want to do, I can go out and change the world.”

Who inspires you?
Someone who sticks out to me as having a lasting impact is the late Dr. Joy Plein, ’51, ’56. Joy had such a profound impact on my life, both professionally and personally, and I’m just so grateful to have called her a mentor, a colleague, and a friend. In addition to being an inspiration to me, she was also one of my most incredible supporters and advocates. I would absolutely not be where I am in my career without being influence Joy Plein had on me.

What Advice would you give students?
Always have an open mind, and try new things – you never know what might surprise you. Also, step outside your comfort zone and learn new, not only professionally, but personally.

In Memoriam

Mark Holzheimer, ’73
Mark passed away peacefully with family at his side in February, 2022 at age 73. His outgoing personality and kind heart made him a favorite to his patients, colleagues, and co-workers. Mark could strike up a conversation with anyone at any time and frequently did so.

While attending the University of Washington, Mark enlisted in the US Air Force Reserve, hoping to be assigned to a pharmacy unit. Instead, he was trained to work on aircraft electronics and assigned to McChord Air Force Base. Once on base, it was discovered that the planes he was trained to work on, were not used in Washington State. He was reassigned to a medical unit.

Mark graduated from the University of Washington School of Pharmacy in 1973 and began his pharmacy career at Dick’s Pharmacy in Bellevue, Washington. During his career, Mark was involved in starting several businesses: Bellegrove Pharmacy, Alficare Medical Supplies, Custom Prescriptions, Woodville Pharmacy, Bellegrove Pharmacy Services, and Bellegrove Medical Supply (a distributor which provided medical supplies and medications to the worldwide cruise line industry, commercial vessels, and remote locations).

A patient at Bellegrove pharmacy once wrote to the local newspaper and nominated Mark for the Prince of Bellevue for his generous and illustrious service to the community as a preceptor and adjunct professor for 31 years. In 2018, he was named Pharmacy Practitioner of the Year by the Washington State Pharmacists Association.

Tim Fuller, ’69
After graduating from the UW School of Pharmacy in 1969, Tim went on to complete a residency and MSc degree in Hospital Pharmacy at Ohio State University in 1974. He also completed two residencies at the US Public Health Hospital in San Francisco and Ohio State University Hospital. From 1981 to 1991 Tim served as Director of Pharmacy at Seattle Children’s Hospital and as a Pharmacist Consultant to the Washington State Board of Pharmacy from 1992 until he retired in June 2014.

Tim enjoyed a long and distinguished career in the pharmacy community. He served as a member of the Washington State Pharmacy Association, as a Board of Governors member of the American Society of Health System Pharmacists, and on the Washington State Pharmacists Association Board of Directors.

Christina Georgia Deliganis, ’78
Christina passed away January 15, 2022, at the age of 83. She graduated from the UW with a Masters in Hospital Pharmacy degree in 1978.

Jack Lee Manning, ’64
Jack, who passed away November 19, 2021, was born in 1939 in Pittsburg, KS, but grew up in Longview, WA. After Jack graduated from the University of Washington in 1964, he eventually founded Manning’s Pharmacy in South Seattle, where he was a beloved pharmacist. One of his proudest accomplishments was hiking on the Pacific Crest Trail from the Columbia River to Canada, ending at aptly named Manning Park. Jack is survived by his sisters Joan and Jan, children John and Kurt (Lisa), stepchildren Melissa, Megan, Kim and Jason, and 6 grandchildren.

In addition to providing good patient care, Walt served his community. He and Bonnie grew their business by being responsive to the needs of their patients. In addition to filling prescriptions, including compound ing when needed, the couple rented and sold durable medical equipment, fit compression hosiery, and stocked supplies for ostomy patients. Walt counseled all patients and was a wonderful role model – it’s no surprise that all his daughters chose to go into pharmacy, and all are UW School of Pharmacy graduates, like their parents. Walt’s oldest granddaughter more recently became the third generation of Davau DAWG graduates.

Contributions in his memory may be made to the UW School of Pharmacy’s Davau Family Endowed Scholarship fund.
The UW School of Pharmacy community is ever grateful to the generosity and vision of our alumni and donors who created endowed funds to support one of our most important strategic pillars – our people.

Cyndy Clegg, ‘84, is the type of inspirational leader ‘who knows the way, goes the way, and shows the way’ (John C. Maxwell). Throughout her career, Cyndy’s biggest reward has been advancing the practice of pharmacy and building up future generations of pharmacy professionals and leaders.

Cyndy is recognized on a local, state, and national level. She is a devoted pharmacist, UW Husky, and friend. Her passion drives her work and her ability to connect in meaningful ways is heartfelt.

A dual graduate of prestigious programs at the University of Washington, Cyndy earned her Bachelor of Science in Pharmacy from the UW School of Pharmacy in 1984. In 2007, she went on to earn her Master of Health Administration through the UW School of Public Health and Community Medicine.

Both programs shaped her passion for health care and developing the ideal model of care, and Cyndy’s contributions to the UW School of Pharmacy are numerous. She was awarded the UW SOP Outstanding Service Award in 2018 and has served on the Board of Directors for the Foundation. She worked for 38 years mentoring pharmacy students, externs, and interns. With a student-centered approach to promoting critical thinking skills, Cyndy created an energetic and encouraging environment where active learning and emotional support allowed the students to solve problems and think about their role as bigger than they imagined. Cyndy always encouraged the possibility in the individual and fostered education to promote future growth.

She was skilled at providing feedback to encourage students to move forward in new directions and pioneer new pathways in pharmacy.

This year, in recognition of Cyndy’s legacy of leadership and innovation in pharmacy practice, the UW School of Pharmacy has set up the Clegg Endowed Chair Fund, which will be used to recruit, retain and train future generations of UW School of Pharmacy leaders.

In sincere recognition and gratitude for many years of service, thank you, Cyndy, for your contributions to the profession of pharmacy.

- JOHN C. MAXWELL

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The year was 1966. The Cold War’s global grip was tightening, the militaristic expansion of the Vietnam conflict continued to swell, and UW SOP alum Gary Smith, ’70, then a fresh-faced student at UW with his sights set on studying pharmacy, found himself summoned to join the Army.

In short order, the Lake Stevens, WA, native traded his student ID for Army fatigues, hopped a plane to Louisiana for 16 weeks of training stint at Ft. Sam Houston in San Antonio, TX. Next thing Smith knew, he was offered an opportunity to sign up as a pharmacy technician at the 98th General Hospital pharmacy in Neubrude, Germany. Without hesitation, he took it.

The new adventure abroad not only provided Smith with a chance to get some real-world experience and plant seeds for a future career in pharmacy, it also helped build a foundation for what would be a lifelong friendship with future UWSOP classmate David Bailey. Bailey had graduated from Purdue University’s pharmacy school prior to joining the Army. “I came to see Gary as a ‘salt of the earth’ guy that I could rely on, and of course of that reputation followed him the rest of his career because he ultimately represented the best in pharmacy”.

After a year of working at the hospital pharmacy in Neubrude, Smith was ordered to Vietnam and eventually assigned to work at a hospital in the Mekong Delta, an opportunity he says prepared him well for his future career as a pharmacist.

“It was a ‘MASH’ unit – though not quite as loose as what’s depicted in the movie MASH,” he remembered. “Our duties included filling scripts from the military doctors for Army personnel. The experience was very similar to working in retail pharmacy, and the training course we had to take was instrumental in preparing me for my education when I enrolled in the UWSOP.”

Prior to joining the Army, Bailey had little interest in the pharmacy field as a career, but his experience in the military hospital environment opened new doors of possibility, laying the groundwork for his future legacy as a respected leader in hospital pharmacy.

“My time in Germany exposed me to another career opportunity with a focus on hospital pharmacy,” he said. “To chart that course, I knew that I needed additional training and a residency, which led me to UW.”

Throughout their time working together, a foundation of trust and respect developed between the future UWSOP graduates.

“I essentially grew up in the drug store,” said Bailey. “My grandfather did really well during prohibition, selling bottles, labels and distilled water to bootleggers. He also dispensed pre-tottles of grain alcohol – prescription only, of course.”

From Vietnam-era hospitals to UW research labs, Army veterans and UWSOP alumnus Gary Smith and David Bailey share a connection that has spanned more than 50 years.

A 3RD GENERATION PHARMACIST

Trainied at Purdue University as an undergraduate prior to attending UWSOP, David Bailey comes by his passion for pharmacy honestly. His grandfather operated the first Bailey Drug Store in Alexandria, Indiana, during the first half of the 20th Century, and his father opened the second Bailey Drug Store in 1950 after serving in WWII.

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“Since we’ve gotten back in touch, David will call me when he’s going to attend an event at the UWSOP,” said Smith, “and I’ve gotten to respect him even more than when we were in Germany. It’s been great to be able to maintain our friendship after all these years.”

It’s a sentiment his old friend shares as well.

“Little did Bailey know, he wasn’t the only one with his sights set on UW’s pharmacy program. “David and I relayed to each other that we would each be attending UW after leaving the Army,” recalled Smith. “It was quite an unexpected coincidence, but a welcomed one.”

After his tenure in the military ended, and he graduated from the UWSOP, Smith began working in retail as a pharmacist and owner of Castle Drugs in Everett, WA, for nearly 30 years before retiring in 1998. Even though he hung up his white coat for good, Smith continued to wear another uniform – a little league umpire’s get-up. Since 1982 he has both coached and served behind home plate, calling balls and strikes as a volunteer umpire for the Lake Stevens and Everett Little Leagues.

Following his Army career, Bailey (like Smith) enrolled in UWSOP and received his Master of Science degree in 1970 under Dr. Elmer Plein. After graduation, he left the Pacific Northwest and headed east for Boston, enjoying a long, successful career in hospital pharmacy. Though Bailey “retired” in 2005, he continued to work part-time at a home health care pharmacy in Tucson. In 2006, Bailey and his wife Anita also established the Bailey Endowed Faculty Fellowship in Geriatrics, an endowment supporting faculty in the Plein Center for Geriatric Research, Education and Outreach.

Over the years, as their lives got busier with careers and family, the two friends eventually lost touch with one another – that is until Gary reached out to the Pharmacy Alumni Association. Now, they enjoy a renewed connection.

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